

Sunday wk5 09/28/2025	Monday 09/29/2025	Tuesday 09/30/2025	Wednesday 10/01/2025	Thursday 10/02/2025	Friday 10/03/2025	Saturday 10/04/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fried Eggs Biscuits Hash Pears	Gourmet Donuts Cottage Cheese and honey Scrambled Eggs Banana	Bacon, Egg, Cheese on Croissant Breakfast Potatoes Mandarin Oranges	Pancake Bar Assorted toppings Assorted Danishes Fruit Cocktail	Ham, Egg, and cheese on English Muffin Cranberry Muffins Breakfast Potatoes Apple Slices	French Toast Bacon Blackberries& Raspberries	Scrambled Eggs Coffee Cake Muffin Sausage Fresh Watermelon
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Manicotti in Marinara sauce or Pot Roast w/brown gravy Roasted Fingerling Potatoes, Carrots & Onions Sugar Snap Peas Desert Cart	Turkey Tetrazzini Egg Noodles or Chicken Saltimbocca Cauliflower Side Salad Chocolate Velvet Cake	Steak Kabab Bowl Or Garlic Shrimp Seasoned Rice Snow Peas Spring Vegetable Egg Rolls Bread Pudding	Cod in Garlic Butter Sauce Lemon Orzo Creamed Corn or Butternut Ravioli in Creamy spinach sauce Italian Bread Red Velet Cake	Chicken and Eggplant Parmesan Spaghetti Pasta or Beef Tenderloin Spaghetti Squash Broccoli Side Salad Cheesecake	Haddock Piccata or Country style Pork Tenderloin Mashed Potatoes Summer Squash Chocolate Marquises cake	Chicken Pot Pie Cranberry Sauce or Beef Lasagna Italian mixed Vegetables Garlic Bread Sticks Peach Pie
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Ham and Pea Soup Hawaiian Rolls and/or Beef Macaroni Skillet Seasoned Corn Ice Cream Sandwich	Creamy Chicken Rice Soup and/or BLT Sandwich Green beans Wheat Roll Chocolate Chip Cookies	Creamy Quinoa Soup Oyster Crackers or Deli Turkey Sandwich Carrots Lemon Bars	Zuppa Toscana Soup Fresh Baked Wheat Roll or Roast Beef w/ Caramelized Onions Sandwich Coleslaw Smore Cookie	Lohikeitto soup (Salmon Soup) Oyster Crackers and/or Muffuletta Sandwich Sweet Potato Frys Strawberry Cream pie	Tomato Soup Wheat Roll or Sliced Chicken Club Vegetable Pasta Salad Peanut Butter Cookie	Strawberry Chicken Cob Salad Wheat Rolls or Hot Dogs Baked Beans Coleslaw Sugar Cookies