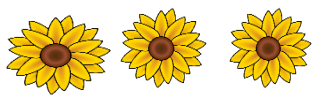
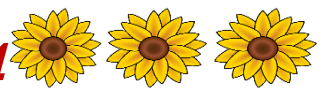



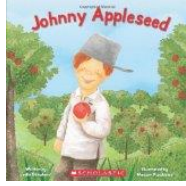


# Bright Horizon's Activities for September 2024

| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|---|---|--|---|--|---|---|
| <p><b>1</b></p> <p>8:00 Mass on TV<br/>10:00 Jigsaw Puzzles<br/>11:15 Exercise<br/>1:00 Bingo<br/>1:15 United Parish Church Service<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Ring Toss<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> <p>Random Acts of Kindness Day</p>                    | <p><b>2</b></p> <p><b><u>Labor Day!</u></b></p> <p>9:30 Mass on TV<br/>10:00 Trivia<br/>11:15 Exercise<br/>12:00 BBQ with Entertainment by the Cavaliers<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Noodle Ball<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> | <p><b>3</b></p> <p>9:30 Mass on TV<br/>10:00 Gardening (Weather Permitting)<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Nails &amp; Tales<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>          | <p><b>4</b></p> <p><b>“Foot Doctor”</b></p> <p>9:30 Mass on TV<br/>10:00 What’s in the bag?<br/>10:00 Catholic Mass with Father Henry<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Bowling<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>                                       | <p><b>5</b></p> <p><b>“Hair Day”</b></p> <p>9:30 Mass on TV<br/>10:00 Gardening (Weather Permitting)<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Nails &amp; Tales<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>   | <p><b>6</b></p> <p><b>“Hair Day”</b></p> <p>9:30 Mass on TV<br/>10:00 Baking muffins<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Entertainment with Sean Fullerton<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>4:00 List It!<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>  | <p><b>7</b></p> <p>9:30 Mass on TV<br/>10:00 Gardening (Weather Permitting)<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Helping Around the House<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>  |
| <p><b>8</b></p> <p>8:00 Mass on TV<br/>9:30 Group Activities<br/>9:30-11:30 Grandparents Day Social<br/>“Welcome Fall”<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Ring Toss<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> <p><b><u>National</u></b></p>    | <p><b>9</b></p> <p>9:30 Mass on TV<br/>10:00 Arts/Crafts “Fall Decorations”<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>4:00 Noodle Ball<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> <p><b><u>Assisted</u></b></p>   | <p><b>10</b></p> <p>9:30 Mass on TV<br/>10:00 Gardening (Weather Permitting)<br/>11:15 Exercise<br/>Lobster Rolls for Lunch Make Your Own Sundae<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio/ (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Nails &amp; Tales<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> <p><b><u>Living</u></b></p>             | <p><b>11</b></p>  <p>9:30 Mass on TV<br/>10:00 What’s in the bag?<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Animal Craze<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>4:00 Bowling<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> <p><b><u>Week</u></b></p> | <p><b>12</b></p> <p><b>“Hair Day”</b></p> <p>9:30 Mass on TV<br/>10:00 Coffee Social with the Winchendon Police and Fire Departments<br/>10:00 Gardening (Weather Permitting)<br/>11:15 Exercise<br/>12:00~50’s Cruisin Diner &amp; Milkshake Social<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Nails &amp; Tales<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> <p><b><u>September</u></b></p> | <p><b>13</b></p> <p><b>“Hair Day”</b></p> <p>9:30 Mass on TV<br/>10:00 Baking muffins<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Entertainment with Dan Kirouac<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>4:00 LIST IT<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> <p><b><u>8-14</u></b></p>   | <p><b>14</b></p> <p>Antique Car Show<br/>Craft Fair<br/>10:00-2:00</p> <p>9:30 Mass on TV<br/>10:00 Gardening (Weather Permitting)<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Helping Around the House<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> <p><b><u>2024</u></b></p> |
| <p><b>15</b></p> <p>8:00 Mass on TV<br/>9:30 Group Activities<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Ring Toss<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>  | <p><b>16</b></p> <p>9:30 Mass on TV<br/>10:00 Arts/Crafts “Fall Decorations”<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Noodle Ball<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>  | <p><b>17</b></p> <p>9:30 Mass on TV<br/>10:00 Gardening (Weather Permitting)<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Nails &amp; Tales<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>  | <p><b>18</b></p> <p>9:30 Mass on TV<br/>10:00 What’s in the bag?<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>2:30 Piano in the Foyer with Gary Landgren<br/>4:00 Bowling<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>   | <p><b>19</b></p> <p><b>“Hair Day”</b></p> <p>9:30 Mass on TV<br/>10:00 Gardening (Weather Permitting)<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Nails &amp; Tales<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>  | <p><b>20</b></p> <p><b>“Hair Day”</b></p> <p>9:30 Mass on TV<br/>10:00 Baking muffins<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Entertainment with Tony Valley<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>4:00 LIST IT<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>  | <p><b>21</b></p> <p>9:30 Mass on TV<br/>10:00 Gardening (Weather Permitting)<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social On the Patio (Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Helping Around the House<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>   |



# Bright Horizon's Activities for September 2024



| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|--|---|---|---|---|--|--|
| <p>22</p> <p>8:00 Mass on TV<br/>9:30 Group Activities<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social<br/>On the Patio<br/>(Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Ring Toss<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> <p>First Day of Autumn</p>  | <p>23</p> <p>9:30 Mass on TV<br/>10:00 Trivia<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social<br/>On the Patio<br/>(Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Noodle Ball<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>                                     | <p>24</p> <p>9:30 Mass on TV<br/>10:00 Gardening<br/>(Weather Permitting)<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social<br/>On the Patio<br/>(Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Nails &amp; Tales<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> | <p>25</p> <p>9:30 Mass on TV<br/>10:00 What's in the bag?<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social<br/>On the Patio<br/>(Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Bowling<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> <p>Johnny Appleseed Day</p>  | <p>26</p> <p>"Hair Day"</p> <p>9:30 Mass on TV<br/>10:00 Gardening<br/>(Weather Permitting)<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social<br/>On the Patio<br/>(Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Nails &amp; Tales<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> | <p>27</p> <p>Hair Day"</p> <p>9:30 Mass on TV<br/>10:00 Baking muffins<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Entertainment with Tim Barrett<br/>2:30 Coffee Social<br/>On the Patio<br/>(Weather Permitting)<br/>4:00 LIST IT<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> | <p>28</p> <p>9:30 Mass on TV<br/>10:00 Gardening<br/>(Weather Permitting)<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social<br/>On the Patio<br/>(Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Helping Around the House<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> |
| <p>29</p> <p>8:00 Mass on TV<br/>9:30 Group Activities<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Coffee Social<br/>On the Patio<br/>(Weather Permitting)<br/>3:00 Snack Cart<br/>4:00 Ring Toss<br/>6:00 Reminiscence<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p>   | <p>30</p> <p>9:30 Mass on TV<br/>10:00 Trivia<br/>11:15 Exercise<br/>1:00 Bingo<br/>2:30 Residents Birthday Party/<br/>Bob Jordan<br/>2:30 Coffee Social<br/>On the Patio<br/>(Weather Permitting)<br/>4:00 Noodle Ball<br/>6:00 Evening Small Talk<br/>7:00 Evening Movie<br/>9:00 Bedtime Reading</p> |   |   |   |  | <p><b>Resident Birthdays</b></p> <p>Eugene P. 9/8<br/>Pat G. 9/16</p>   |

## Main Events



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|---|
| 1 <sup>st</sup> - 1:15 United Parish Church Service (Chapel)                                    |
| 2 <sup>nd</sup> - 12:00 Labor Day BBQ with Entertainment by the Cavaliers                       |
| 4 <sup>th</sup> - Foot Doctor (Salon)   |
| 4 <sup>th</sup> - 10:00 Catholic Mass with Father Henry (Chapel)                                |
| 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> & 27 <sup>th</sup> - 10:00 Baking Muffins |
| 6 <sup>th</sup> - 2:30 Entertainment with Sean Fullerton (Community Room)                       |
| National Assisted Living Week September 8 <sup>th</sup> -14 <sup>th</sup>                       |
| 8 <sup>th</sup> - 9:30-11:30 Grandparents Day Social (Community Room)                           |
| 9 <sup>th</sup> & 16 <sup>th</sup> - 10:00 Arts & Crafts  |
| 10 <sup>th</sup> - Lobster Rolls for Lunch, Make your own Sundae                                |
| 11 <sup>th</sup> - Never Forget 9/11  |
| 11 <sup>th</sup> - Animal Craze 2:30  |
| 12 <sup>th</sup> - 10:00 Coffee Social with the Winchendon Police and Fire Departments (CR)     |
| 12 <sup>th</sup> - Cruisin~50's Diner & Milkshake Social  |
| 13 <sup>th</sup> - 2:30 Entertainment with Dan Kirouac (Community Room)                         |
| 14 <sup>th</sup> - 10:00-2:00 Antique Car Show/ Craft Fair (Weather Permitting)                 |
| 18 <sup>th</sup> - 2:30 Piano in the Foyer with Gary Landgren                                   |
| 20 <sup>nd</sup> - 2:30 Entertainment with Tony Valley (Community Room)                         |
| 27 <sup>th</sup> - 2:30 Entertainment with Tim Barrett (Community Room)                         |
| 30 <sup>th</sup> - 2:30 Resident Birthday Party/ Bob Jordan (Community Room)                    |