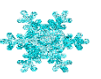


Bright Horizon's Activities for January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">1</p> <p>Happy New Year! 8:00 Mass on TV 10:00 Group Activities 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p style="text-align: center;">2</p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Horse Races 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;"></p>	<p style="text-align: center;">3</p> <p>9:30 Mass on TV 10:00 Bean Bag Toss 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Nails & Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;"></p>	<p style="text-align: center;">4</p> <p>9:30 Mass on TV 10:00 List it! 11:15 Exercise 1:00 Bingo 2:00 Piano in the Lobby with "Gary Landgren" 2:30 Coffee or Hot Chocolate Social 4:00 Helping Around the House 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading Trivia Day</p>	<p style="text-align: center;">5</p> <p>9:30 Mass on TV 10:00 Sensory (Smelling Test) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Bowling 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;"></p>	<p style="text-align: center;">6</p> <p>9:30 Mass on TV 10:00 What's in the Bag? 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 2:30 Entertainment with "Diane Ammons" 4:00 Afternoon Stretch 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;">Old Christmas</p>	<p style="text-align: center;">7</p> <p>9:30 Mass on TV 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Noodle Ball 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;"></p>
<p style="text-align: center;">8</p> <p>8:00 Mass on TV 10:00 Group Activities 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading Happy Birthday Elvis!</p> <p style="text-align: center;"></p>	<p style="text-align: center;">9</p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Horse Races 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;"> </p>	<p style="text-align: center;">10</p> <p>9:30 Mass on TV 10:00 Bean Bag Toss 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Nails & Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p style="text-align: center;">11</p> <p>9:30 Mass on TV 10:00 List it! 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Helping Around the House 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;"></p>	<p style="text-align: center;">12</p> <p>9:30 Mass on TV 10:00 Sensory (Touch Test) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Bowling 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;"></p>	<p style="text-align: center;">13</p> <p>9:30 Mass on TV 10:00 What's in the Bag? 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 2:30 Entertainment with "The Cavaliers" 4:00 Afternoon Stretch 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p style="text-align: center;">14</p> <p>9:30 Mass on TV 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Noodle Ball 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>
<p style="text-align: center;">15</p> <p>8:00 Mass on TV 10:00 Group Activities 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;">National Bagel Day</p> <p style="text-align: center;"></p>	<p style="text-align: center;">16</p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Horse Races 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;">Martin Luther King Day</p> <p style="text-align: center;"></p>	<p style="text-align: center;">17</p> <p>9:30 Mass on TV 10:00 Bean Bag Toss 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Nails & Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;"></p>	<p style="text-align: center;">18</p> <p>9:30 Mass on TV 10:00 List it! 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Helping Around the House 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;">Winnie the Pooh Day!</p> <p style="text-align: center;"></p>	<p style="text-align: center;">19</p> <p>9:30 Mass on TV 10:00 Sensory (Smelling Test) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Bowling 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;">National Popcorn Day</p> <p style="text-align: center;"></p>	<p style="text-align: center;">20</p> <p>9:30 Mass on TV 10:00 What's in the Bag? 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 2:30 Entertainment with "Rich Araldi" 4:00 Afternoon Stretch 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p style="text-align: center;"></p>	<p style="text-align: center;">21</p> <p>9:30 Mass on TV 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Noodle Ball Bowling Nails & Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>



Bright Horizon's Activities for January 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>8:00 Mass on TV 10:00 Group Activities 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> 	<p>23</p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Horse Races 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>24</p> <p>9:30 Mass on TV 10:00 Bean Bag Toss 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Nails & Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading National Compliment Day</p> <p><i><u>You Are Awesome!</u></i></p>	<p>25</p> <p>9:30 Mass on TV 10:00 List it! 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Helping Around the House 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> 	<p>26</p> <p>9:30 Mass on TV 10:00 Sensory (Touch Test) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Bowling 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> 	<p>27</p> <p>9:30 Mass on TV 10:00 What's in the Bag? 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 2:30 Entertainment with "Tony Valley" 4:00 Afternoon Stretch 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading Chocolate Cake Day</p> 	<p>28</p> <p>9:30 Mass on TV 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Noodle Ball 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> 
<p>29</p> <p>8:00 Mass on TV 10:00 Group Activities 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading National Puzzle Day!</p> 	<p>30</p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Resident's Birthday Party With "Bob Jordan" 2:30 Coffee or Hot Chocolate Social 4:00 Horse Races 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>31</p> <p>9:30 Mass on TV 10:00 Bean Bag Toss 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Nails & Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> 	<p>2</p>	<p>0</p> 	<p>2</p>	<p>3</p>
	<p><u>Resident Birthdays</u></p> <p>Pat H. 1/1 Jeannette J. 1/6 Adrienne D. 1/11 Barbara O. 1/15 Jean S. 1/15 MaryAnn L. 1/25</p> 	<p>Happy Winter!</p>  				