



# Bright Horizon's Activities for November 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Honoring All Veterans</b></p> 		<p><b>1</b></p> <p>9:30 Mass on TV 10:00 List It! 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Nails &amp; Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>2</b></p> <p>“Foot Doctor”</p>  <p>9:30 Mass on TV 10:00 Catholic Mass with Father Henry 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Entertainment with Adam Bergeron 2:30 Coffee/Hot Chocolate Social 4:00 Bowling 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>3</b></p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise What's in the bag? 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Nails &amp; Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>4</b></p> <p>9:30 Mass on TV 10:00 List It! 11:15 Exercise 1:00 Bingo 2:30 Entertainment with Rich Araldi 2:30 Coffee/Hot Chocolate Social 4:00 Afternoon Stretch 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>5</b></p> <p>9:30 Mass on TV 10:00 Finish the Lyrics.... 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Thanksgiving Noodle Ball 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>
<p><b>6</b></p> <p>8:00 Mass on TV 9:30 Group Activities 11:15 Exercise 1:00 Bingo 1:15 United Methodist Parish Church Service 2:30 Coffee/Hot Chocolate Social 4:00 Bowling 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p>Day Light Savings Time Ends</p> 	<p><b>7</b></p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Helping Around the House 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>8</b></p> <p>9:30 Mass on TV 10:00 List It! 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Nails &amp; Tales 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>9</b></p> <p>9:30 Mass on TV 10:00 Catholic Mass with Father Henry 10:00 Sensory (Tasting Test) 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Finish the Phrase.... 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>10</b></p> <p>Forget Me Not Day</p>  <p>9:30 Mass on TV 10:00 Trivia 11:00 Lunch Trip/ To Be Determined 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Visualization 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p>Happy Birthday Marines!</p> 	<p><b>11</b></p> <p>Veterans Day</p> <p>9:30 Mass on TV 10:00 List It! 11:15 Exercise 1:00 Bingo 2:30 Entertainment with Dick &amp; Dawn “Music is Love” 2:30 Coffee/Hot Chocolate Social 4:00 Sensory (Touch) 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> 	<p><b>12</b></p> <p>9:30 Mass on TV 10:00 Finish the Lyrics.... 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Bowling 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>
<p><b>13</b></p> <p>8:00 Mass on TV 9:30 Group Activities 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Bowling 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p>World Kindness Day?</p> <p>WE CAN CHANGE THE WORLD</p>  <p>with KINDNESS</p>	<p><b>14</b></p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Helping Around the House 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>15</b></p> <p>9:30 Mass on TV 10:00 List It! 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Nails &amp; Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>16</b></p> <p>9:30 Mass on TV 10:00 Catholic Mass with Father Henry 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Bowling 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>17</b></p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Nails &amp; Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>18</b></p> <p>9:30 Mass on TV 10:00 Finish the Lyrics.... 1:15 Exercise 1:00 Bingo 2:30 Entertainment with Tony Valley 2:30 Coffee/Hot Chocolate Social 4:00 What's in the bag? 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p>Happy Birthday Mickey Mouse!</p> 	<p><b>19</b></p> <p>9:30 Mass on TV 10:00 Sensory (Tasting Test) 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Thanksgiving Noodle Ball 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20</p> <p>8:00 Mass on TV 9:30 Group Activities 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Ring Toss 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>21</p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Helping Around the House 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>22</p> <p>9:30 Mass on TV 10:00 List It! 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Nails &amp; Tales 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>23</p> <p>9:30 Mass on TV 10:00 Catholic Mass with Father Henry 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Sensory (Smelling Test) 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>24</p>  <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise Mini Golf 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Nails &amp; Tales 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> 	<p>25</p> <p>9:30 Mass on TV 10:00 List It! 11:15 Exercise 1:00 Bingo 2:30 Entertainment with Gary Landgren Playing the Piano in the Lobby 2:30 Coffee/Hot Chocolate Social 4:00 What's in the bag? 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>26</p> <p>9:30 Mass on TV 10:00 Finish the Lyrics.... 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Mini Golf 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>
<p>27</p> <p>8:00 Mass on TV 9:30 Group Activities 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p>First Sunday of Advent</p>	<p>28</p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Resident Birthday Party with Gary Girouard 2:30 Coffee/Hot Chocolate Social 4:00 Helping Around the House 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> <p>National French Toast Day!</p> 	<p>29</p> <p>9:30 Mass on TV 10:00 List It! 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social 4:00 Nails &amp; Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>30</p> <p>9:30 Mass on TV 10:00 Catholic Mass with Father Henry 10:00 Jigsaw Puzzle 11:15 Exercise 1:00 Bingo 2:30 Coffee/Hot Chocolate Social</p>  <p>2:30 Decorate Christmas Tree in Lobby 4:00 Trivia 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p><b>Resident Birthdays</b></p> <p>Jean W. 11/14 Mary S. 11/18 Merl N. 11/20 Theresa 11/23</p> 		



Happy Thanksgiving!