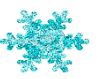


❄️ ❄️ *Bright Horizon's Activities for January 2022* ❄️ ❄️

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p><u>Resident Birthdays</u></p> <p>Adrienne D. 1/11 Jean S. 1/15 Barbara O. 1/15 Cheralyn C. 1/24 MaryAnn L. 1/25</p> 	<p>2</p> <p>0</p> <p>2</p> <p>2</p>	<p>1</p> <p>9:30 Mass on TV 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Noodle Ball 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>
2	3	4	5	6	7	8
<p>8:00 Mass on TV 10:00 Jigsaw Puzzle 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Horse Races 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>9:30 Mass on TV 10:00 Bean Bag Toss 10:00 Mystery Ride (Weather Permitting) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Nails & Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p align="center">Trivia Day</p>	<p>9:30 Mass on TV 10:00 List it! 11:15 Exercise 1:00 Bingo 2:00 Piano in the Lobby with Adam Bergeron 2:30 Coffee or Hot Chocolate Social 4:00 Helping Around the House 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>9:30 Mass on TV 10:00 Sensory (Touch Test) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Bowling 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p align="center">Old Christmas</p> 	<p>9:30 Mass on TV 10:00 What's in the Bag? 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 2:30 Social Hour with Gary Girouard 4:00 Afternoon Stretch 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>9:30 Mass on TV 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Noodle Ball 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p align="center">Happy Birthday Elvis!</p> 
9	10	11	12	13	14	15
<p>8:00 Mass on TV 10:00 Jigsaw Puzzle 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Horse Races 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>9:30 Mass on TV 10:00 Bean Bag Toss 10:00 Mystery Ride (Weather Permitting) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Nails & Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p align="center">Happy Birthday Adrienne!</p>	<p>9:30 Mass on TV 10:00 List it! 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Helping Around the House 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>9:30 Mass on TV 10:00 Sensory (Smelling Test) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Bowling 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>9:30 Mass on TV 10:00 What's in the Bag? 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 2:30 Social Hour with Ron Morey 4:00 Afternoon Stretch 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>9:30 Mass on TV 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Noodle Ball 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p> <p align="center">National Bagel Day</p>  <p align="center">Happy Birthday Jean! Happy Birthday Barbara O!</p>



Bright Horizon's Activities for January 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>16</p> <p>8:00 Mass on TV 10:00 Jigsaw Puzzle 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>17</p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Horse Races 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading Martin Luther King Day</p> 	<p>18</p> <p>9:30 Mass on TV 10:00 Bean Bag Toss 10:00 Mystery Ride (Weather Permitting) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Nails & Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading Winnie the Pooh Day</p> 	<p>19</p> <p>9:30 Mass on TV 10:00 List it! 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Helping Around the House 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading Popcorn Day</p> 	<p>20</p> <p>9:30 Mass on TV 10:00 Sensory (Touch Test) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Bowling 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>21</p> <p>9:30 Mass on TV 10:00 What's in the Bag? 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 2:30 Social Hour with Rich Araldi 4:00 Afternoon Stretch 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>22</p> <p>9:30 Mass on TV 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Noodle Ball 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	
<p>23</p> <p>8:00 Mass on TV 10:00 Jigsaw Puzzle 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>24</p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Horse Races 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading Happy Birthday Cheralyn! National Compliment Day <u>You Are Awesome!</u></p>	<p>25</p> <p>9:30 Mass on TV 10:00 Bean Bag Toss 10:00 Mystery Ride (Weather Permitting) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Nails & Tales 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading Happy Birthday MaryAnn!</p>	<p>26</p> <p>9:30 Mass on TV 10:00 List it! 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Helping Around the House 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p>	<p>27</p> <p>9:30 Mass on TV 10:00 Sensory (Smelling Test) 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Bowling 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading Chocolate Cake Day</p> 	<p>28</p> <p>9:30 Mass on TV 10:00 What's in the Bag? 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 2:30 Social Hour with Terry Nally 4:00 Afternoon Stretch 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading</p> 	<p>29</p> <p>9:30 Mass on TV 10:00 Finish the Phrase.... 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Noodle Ball 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading National Puzzle Day!</p> 	
<p>30</p> <p>8:00 Mass on TV 10:00 Jigsaw Puzzle 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 4:00 Ring Toss 6:00 Evening Small Talk 7:00 Evening Movie 9:00 Bedtime Reading Croissant Day</p> 	<p>31</p> <p>9:30 Mass on TV 10:00 Trivia 11:15 Exercise 1:00 Bingo 2:30 Coffee or Hot Chocolate Social 2:30 Resident's Birthday Party With Dan Kirouac 4:00 Horse Races 6:00 Reminiscence 7:00 Evening Movie 9:00 Bedtime Reading National Hot Chocolate Day</p> 	<p>Happy Winter!</p> 					