

# Broadview Menu Calendar for September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><u>1</u> <b>Breakfast</b> Cheese &amp; Egg Scramble Homemade Muffin Pineapple <b>Lunch</b> Baked Haddock in a Garlic Sauce Au Gratin Potato Or Spaghetti with Meatballs Italian Bread Green Beans Peanut Butter Pie <b>Dinner</b> Roast Beef &amp; Provolone Sandwich Chips Or Zuppa Toscana Roll Bread Pudding</p>	<p><u>2</u> <b>Breakfast</b> French Toast Bacon Melon <b>Lunch</b> Steak Tips with Peppers &amp; Onions Or Chicken Divan Noodles Chocolate Cream Pie <b>Dinner</b> Cream of Mushroom Soup Roll Or Egg Salad Sandwich 3 Bean Salad Ice Cream</p>	<p><u>3</u> <b>Breakfast</b> Ham, Egg &amp; Cheese Croissant Sandwich Mandarin Oranges <b>Lunch</b> Seafood Casserole Or Meatloaf Baked Potato Summer Squash Strawberry Angel Food Trifle <b>Dinner</b> Chicken Tenders Vegetable Orzo Salad Broccoli Or Tortellini Soup Roll Peanut Butter Cookie</p>	<p><u>4</u> <b>Breakfast</b> Waffles Sausage Fresh Fruit <b>Lunch</b> Grilled Orange &amp; Balsamic Chicken on a Garden Salad Or Vegetable Lasagna Bread Stick Side Salad Cheesecake <b>Dinner</b> Meatloaf Sandwich Or Hot Dog on a Roll Baked Beans Potato Salad Coleslaw Fruit Parfait</p>
	<p><u>5</u> <b>Breakfast</b> Scrambled Eggs English Muffin Mandarin Oranges <b>Lunch:</b> Swedish Meatballs Noodles Carrots Or Stuffed Peppers Bread Pudding <b>Dinner</b> Seafood Chowder Roll Or Grilled Cheese &amp; Tomato Sandwich Butterscotch Pudding</p>	<p><u>6</u> <b>Breakfast</b> Pancakes Bacon Fresh Fruit <b>Lunch</b> <b>Labor Day BBQ</b> Petite Filet Steak Or Chicken Baked Potato Corn on the Cob Strawberry &amp; Blueberry Parfait <b>Dinner</b> Italian Sub Chips Or Broccoli Cheddar Cheese Soup Crackers Side Salad Ice Cream</p>	<p><u>7</u> <b>Breakfast</b> Fried Eggs Cranberry Orange Muffin Banana <b>Lunch</b> Tuna Salad on a Salad Plate Or BBQ Ribs Macaroni Salad Brownie Pudding Cake <b>Dinner</b> Steak Tip Gyros in Pita Bread Or Potato Leek Soup Corn Bread Chocolate Chip Cookie</p>	<p><u>8</u> <b>Breakfast</b> Waffles Sausage Peaches <b>Lunch</b> Lasagna Rollatini Side Salad Garlic Bread Or Chicken Pot Pie Side Salad Oatmeal Raisin Cookie <b>Dinner</b> Soup Du Jour Roll Or Shrimp Cocktail Salad Plate Roasted Pineapple</p>	<p><u>9</u> <b>Breakfast</b> Scrambled Eggs Bran Muffin Fruit Cocktail <b>Lunch</b> Pot Roast with Gravy Potatoes Or Chicken Parmesan over Noodles Carrots Mocha Cake <b>Dinner</b> Vegetable Soup Crackers Or Turkey Salad Sandwich Cranberry Sauce Peanut Butter Cookie</p>	<p><u>10</u> <b>Breakfast</b> French Toast Bacon Mixed Fruit <b>Lunch</b> Crab Cake Or Italian Sausage with Peppers &amp; Onion Rice Pilaf Green Beans Sorbet <b>Dinner</b> Cheese Tortellini Salad Or Ham Salad Sandwich Sliced Cucumbers Chocolate Pudding</p>
<p><u>12</u> <b>Breakfast</b> Fried Eggs Toast Fresh Fruit <b>Lunch</b> Roast Beef w\ Gravy Or Pork Tenderloin Mashed Sweet Potato Peas Oatmeal Cookie <b>Dinner</b> Chicken &amp; Tomato Rice Soup Roll Or Grilled Reuben Pickle Chips Oatmeal Cookie</p>	<p><u>13</u> <b>Breakfast</b> French Toast Sausage Grapes <b>Lunch</b> Chicken Marsala Or Lobster Roll Macaroni Salad Roasted Vegetables Chocolate Chip Cookie <b>Dinner</b> Sloppy Joe on a Bun Chips Or Clam Chowder Roll Ice Cream</p>	<p><u>14</u> <b>Breakfast</b> Eggs Benedict Casserole Pears <b>Lunch</b> Tuna Salad on a Garden Salad Or Shepards Pie Pineapple Carrot Cake <b>Dinner</b> Minestrone Soup Roll Or Chicken Nuggets French Fries Corn Fruit Sorbet</p>	<p><u>15</u> <b>Breakfast</b> Pancakes Bacon Banana <b>Lunch</b> Stuffed Shells Bread Stick Or Pulled Pork Mashed Potato Green Beans Strawberry Shortcake <b>Dinner</b> Pilgrim Sandwich Sliced Tomatoes Or Fruit &amp; Cottage Cheese Plate Lemon Meringue Pie</p>	<p><u>16</u> <b>Breakfast</b> Scrambled Eggs With Cheese Wheat Toast Mandarin Oranges <b>Lunch</b> Gabby's Pizza Pepperoni, Cheese, Sausage, Vegetable With Side Salad Or Grilled Chicken on a Garden Salad Chocolate Cream Pie <b>Dinner</b> BLT Sandwich Seasoned Fries Or Vegetable Beef Soup Crackers Jell-O</p>	<p><u>17</u> <b>Breakfast</b> Apple Muffin Sausage Melon <b>Lunch</b> Bruschetta Topped Haddock Rice Or Beef Stroganoff Noodles Tomato Mozzarella Salad Grapenut Pudding <b>Dinner</b> Egg Salad Sandwich Chips Or Tortellini Soup Roll Pudding Parfait</p>	<p><u>18</u> <b>Breakfast</b> Breakfast Quiche Fresh Strawberries <b>Lunch</b> Steak Tips with Peppers &amp; Onions Or Oven Fried Chicken Potato Salad Carrots Apple Crisp <b>Dinner</b> Hotdog Beans Brown Bread Coleslaw Or Chef Salad Fresh Pineapple</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>
<p><b>Breakfast</b> Yogurt Blueberry Muffin Mandarin Oranges</p> <p><b>Lunch</b> Swedish Meatballs Or Pork Medallions with Mushroom Sauce Noodles Cauliflower Orange Cream Pie</p> <p><b>Dinner</b> Italian Sausage Sub with Peppers &amp; Onions Or Pasta Fagiola Soup Butterscotch Pudding</p>	<p><b>Breakfast</b> Breakfast Sandwich on a Croissant (Egg, Bacon &amp; Cheese) Fresh Fruit</p> <p><b>Lunch</b> Eggplant Parmesan Pasta Bread Stick Or Herb Crusted Baked Cod Mashed Potatoes Peas &amp; Onions Ice Cream</p> <p><b>Dinner</b> American Chop Suey Bread Stick Or Turkey Salad Sandwich Onion Rings Oatmeal Cookie</p>	<p><b>Breakfast</b> French Toast Sausage Mandarin Oranges</p> <p><b>Lunch</b> BBQ Ribs Or Chicken Stir Fry Rice Green Beans Chocolate Cream Pie</p> <p><b>Dinner</b> Soup Du Jour Roll Or Shrimp Cocktail Salad Plate Snickerdoodle</p>	<p><b>Breakfast</b> Fried Eggs Corned Beef Hash Toast Fresh Fruit</p> <p><b>Lunch</b> Spaghetti &amp; Meatballs Or Shrimp Scampi Side Salad Strawberry Shortcake</p> <p><b>Dinner</b> Philly Cheese Steak Grinder Or Chicken Noodle Soup Crackers Jell-O</p>	<p><b>Breakfast</b> Waffles Bacon Sliced Oranges</p> <p><b>Lunch</b> Roast Beef Or Roasted Chicken Mashed Potatoes Carrots Mocha Cake</p> <p><b>Dinner</b> Vegetable Soup Crackers Or Corned Beef and Swiss on Rye Carrot Raisin Salad Fruit Pie</p>	<p><b>Breakfast</b> Eggs Benedict English Muffin Grapes</p> <p><b>Lunch</b> Lemon Dill Salmon Or Baked Maple Ham Baked Potato Peas Raspberry Cake</p> <p><b>Dinner</b> Beef Barley Soup Sliced Buttered Bread Or Seafood Salad Roll Cucumbers Chocolate Pudding</p>	<p><b>Breakfast</b> Pancakes Sausage Banana</p> <p><b>Lunch</b> Veggie Lasagna Or Cheddar Hamburger on a Bun Potato Salad Side Salad Hot Fudge Sundae</p> <p><b>Dinner</b> Hot Dog on a Bun Baked Beans Coleslaw Or Italian Sub Chips Peanut Butter Cookie</p>
<u>26</u>	<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>	<div style="text-align: center;"> <h2 style="color: red;">September Birthdays</h2>  <p><b>Bill D.</b> 9/10 <b>Betty B.</b> 9/11 <b>Judy R.</b> 9/18 <b>Nancy B.</b> 9/19</p> </div>	
<p><b>Breakfast</b> Scrambled Eggs Cinnamon Roll Fruit Medley</p> <p><b>Lunch</b> Stuffed Peppers Or Turkey Mashed Potatoes Carrots Cranberry Sauce Dinner Biscuit Strawberry Jell-O Pie</p> <p><b>Dinner</b> Grilled Chicken Caesar Salad Roll Or Broccoli Cheddar Soup Roll Chocolate chip Cookie</p>	<p><b>Breakfast</b> Waffles Sausage Fresh Fruit</p> <p><b>Lunch</b> Chicken Broccoli Alfredo Or Tilapia Sweet Potato Corn Pineapple Carrot Cake</p> <p><b>Dinner</b> Ham &amp; Cheese Quiche Squash Medley Or Hamburger Soup Roll Tapioca Pudding</p>	<p><b>Breakfast</b> Breakfast Sandwich on Croissant (Egg, Bacon &amp; Cheese) Mandarin Oranges</p> <p><b>Lunch</b> Chicken Salad on a Garden Salad Or Steak Tips Rice Pilaf Green Beans Apple Crisp</p> <p><b>Dinner</b> Fish Sandwich Fries Or Minestrone Soup Sourdough Bread Fruited Jell-O</p>	<p><b>Breakfast</b> French Toast Breakfast Ham Apple Sauce</p> <p><b>Lunch</b> Beef Stew with Dumplings Or Spaghetti &amp; Meatballs Garlic Bread Strawberry Short Shortcake</p> <p><b>Dinner</b> Vegetable Beef Soup Crackers Or BLT Seasoned Fries Ambrosia Salad</p>	<p><b>Breakfast</b> Fried Eggs Home Fries Toast Fresh Fruit</p> <p><b>Lunch</b> Chicken Cordon Bleu Or Pork Chop Twice Baked Potato Brussel Sprouts Blueberry Lemon Cake</p> <p><b>Dinner</b> Tomato Soup Grilled Cheese Sandwich Waldorf Salad Oatmeal Cookie</p>		



Broadview Assisted Living <b>Menu Choices Always Available</b>		
Breakfast	Fruit	Lunch & Dinner
<b>Cold Cereal:</b> Corn Flakes, Rice Krispies Raisin Bran, Cheerios, Honey Nut Cheerios	(Seasonal Fruit Ask Your Server) Oranges, Mandarin Oranges, Peaches Pears, Apple Sauce, Apples, Banana's Pineapple, Fruit Cocktail	<b>Sandwiches:</b> Ham, Roast Beef, Peanut Butter & Jelly, Tuna, Egg Salad
<b>Hot Cereal:</b> Oatmeal, Cream of Wheat	<b>Beverages: All Meals</b> Iced Coffee, Iced Tea, Lemonade Coffee, Tea (Regular & Decaf.)	<b>Soups:</b> Chicken Noodle, Soup Du Jour <b>Salad:</b> Tossed Salad with Dressing
<b>Eggs to Order</b>	Milk, Hot Chocolate, Lactaid Milk,	
<b>Breads:</b> White, Wheat, Rye, Raisin, English Muffins	<b>Juices:</b> Tomato/V8, Apple, Cranberry, Orange, Prune	<b>Dessert:</b> Fruited Yogurt
	<b>Soda:</b> Diet Coke, Diet Gingerale, Diet Rootbeer, Gingerale	<b>Assorted Desserts, Ask your Server</b>

