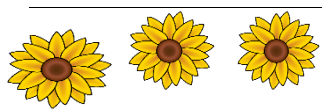


**Bright Horizon's Activities for September 2021**


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p align="center"><b>1</b> "Hair Day"</p> <p>Mass on TV Exercise Discussion/ R &amp; R Visualization Bingo 2:30 Entertainment with Rich Araldi Evening Small Talk Evening Movie Bedtime Reading</p>	<p align="center"><b>2</b> "Hair Day"</p> <p>Mass on TV Exercise Bingo LIST IT Afternoon Stretch Helping Around the House Evening Small Talk Evening Movie Bedtime Reading</p>	<p align="center"><b>3</b> "Hair Day"</p> <p>Mass on TV Bingo Exercise 2:30 Entertainment with Gary Girouard Noodle Ball List It! Evening Small Talk Evening Movie Bedtime Reading</p>	<p align="center"><b>4</b></p> <p>Mass on TV Bingo Exercise Noodle Ball Trivia Evening Small Talk Evening Movie Bedtime Reading</p>
<p align="center"><b>5</b></p> <p>Mass on TV Exercise Bingo Helping Around the House Coffee Social Bowling Evening Small Talk Evening Movie Bedtime Reading</p>	<p align="center"><b>6</b> <u>Labor Day!</u></p> <p>Mass on TV Trivia Exercise Bingo 12:00 BBQ with the Cavaliers Discussion/ R &amp; R Visualization Reminiscence Evening Movie Bedtime Reading</p>	<p align="center"><b>7</b></p> <p>Mass on TV Exercise Bingo Horse Races Nails &amp; Tales Evening Small Talk Evening Movie Bedtime Reading</p>	<p align="center"><b>8</b> "Hair Day"</p> <p>Mass on TV 10:00 Catholic Mass with Father Henry Exercise Visualization Bingo Bowling Evening Small Talk Evening Movie Bedtime Reading</p>	<p align="center"><b>9</b> "Hair Day"</p> <p>Mass on TV Exercise What's in the bag? Bingo List It! Nails &amp; Tales Afternoon Stretch Evening Small Talk Evening Movie Bedtime Reading</p>	<p align="center"><b>10</b> "Hair Day"</p> <p>Mass on TV Exercise Gardening Bingo 2:30 Social Hour/ Tony Valley LIST IT Afternoon Stretch Discussion/R&amp;R Helping Around the House Evening Small Talk Evening Movie Bedtime Reading</p>	<p align="center"><b>11</b></p> <p>Mass on TV Bingo Exercise Noodle Ball Trivia Afternoon Stretch Evening Small Talk Evening Movie Bedtime Reading</p> 
 <p align="center"><b>12</b></p> <p>Mass on TV Exercise Bingo Helping Around the House Bowling Evening Small Talk Evening Movie Bedtime Reading</p> <p align="center"><u>National</u></p>	<p align="center"><b>13</b></p> <p>Mass on TV Trivia Exercise Bingo Walking Group Afternoon Stretch Reminiscence Evening Movie Bedtime Reading</p> <p align="center"><u>Assisted</u></p>	<p align="center"><b>14</b></p> <p>Mass on TV Exercise Bingo 2:30-3:30 Special Event Horse Races Nails &amp; Tales Evening Small Talk Evening Movie Bedtime Reading</p> <p align="center"><u>Living</u></p>	<p align="center"><b>15</b> "Hair Day"</p> <p>Mass on TV Exercise Discussion/ R &amp; R Visualization Bingo 2:30-3:30 Special Event Bowling Evening Small Talk Evening Movie Bedtime Reading</p> <p align="center"><u>Week</u></p>	<p align="center"><b>16</b> "Hair Day"</p> <p>Mass on TV Exercise What's in the bag? Bingo List It! 3:00-4:00 Special Event Nails &amp; Tales Afternoon Stretch Evening Small Talk Evening Movie Bedtime Reading</p> <p align="center"><u>September</u></p>	<p align="center"><b>17</b> "Hair Day"</p> <p>Mass on TV Exercise Gardening Bingo 2:30 Social Hour/ Dan Kirouac LIST IT Afternoon Stretch Helping Around the House Evening Small Talk Evening Movie Bedtime Reading</p> <p align="center"><b>12-18</b></p>	<p align="center"><b>18</b></p> <p>Mass on TV Bingo Exercise Noodle Ball List It! Afternoon Stretch Evening Small Talk Evening Movie Bedtime Reading</p> <p align="center"><u>National Cheeseburger Day</u></p> 





# Bright Horizon's Activities for September 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday												
<p>19</p> <p>Mass on TV Exercise Bingo Helping Around the House Bowling Evening Small Talk Evening Movie Bedtime Reading National Butterscotch Day</p> 	<p>20</p> <p>Mass on TV Trivia Exercise Bingo Walking Group Bowling Reminiscence Evening Movie Bedtime Reading</p>	<p>21</p> <p>Mass on TV Exercise Bingo Walking Group Afternoon Stretch Evening Small Talk Evening Movie Bedtime Reading</p>	<p>22</p> <p>"Hair Day"</p> <p>Mass on TV 10:00 Catholic Mass with Father Henry Exercise Discussion/ R &amp; R Visualization Bingo Bowling Evening Small Talk Evening Movie Bedtime Reading</p> <p>First Day of Autumn</p> 	<p>23</p> <p>"Hair Day"</p> <p>Mass on TV Exercise Visualization Bingo Bowling Evening Small Talk Evening Movie Bedtime Reading</p>	<p>24</p> <p>Hair Day</p> <p>Mass on TV Exercise Gardening Bingo 2:30 Social Hour/ Terry Nally LIST IT Afternoon Stretch Helping Around the House Evening Small Talk Evening Movie Bedtime Reading</p>	<p>25</p> <p>Mass on TV Bingo Exercise Noodle Ball Trivia Afternoon Stretch Evening Small Talk Evening Movie Bedtime Reading</p>												
<p>26</p> <p>Mass on TV Exercise Bingo Helping Around the House Coffee Social Ring Toss Evening Small Talk Evening Movie Bedtime Reading Johnny Appleseed Day</p> 	<p>27</p> <p>Mass on TV Trivia Exercise Bingo 2:30 Residents Birthday Party/ Heather Marie Reminiscence Evening Movie Bedtime Reading</p>	<p>28</p> <p>Mass on TV Exercise Bingo Patio Hour Afternoon Stretch Evening Small Talk Evening Movie Bedtime Reading</p>	<p>29</p> <p>"Hair Day"</p> <p>Mass on TV Exercise Discussion/ R &amp; R Visualization Bingo Bowling Evening Small Talk Evening Movie Bedtime Reading</p>	<p>30</p> <p>"Hair Day"</p> <p>Mass on TV Exercise Visualization Bingo Bowling Evening Small Talk Evening Movie Bedtime Reading</p> <p>National Hot Mulled Cider Day!</p> 														
<p><b><u>Resident Birthdays</u></b></p> <p>Bill D. 9/10 Betty B. 9/11 Judy R. 9/18 Nancy B. 9/19</p> 	<p><b><u>Main Events</u></b></p> <table border="1"> <tr> <td>1<sup>st</sup> -2:30 Entertainment with Rich Araldi</td> <td>10<sup>th</sup> - 2:30 Social Hour/ Tony Valley</td> </tr> <tr> <td>3<sup>rd</sup> -2:30 Entertainment with Gary Girouard</td> <td>17<sup>th</sup> - 2:30 Social Hour/ Dan Kirouac</td> </tr> <tr> <td>6<sup>th</sup> - 12:00 Labor Day BBQ with Entertainment by the Cavaliers</td> <td>24<sup>th</sup> - 2:30 Social Hour/ Terry Nally</td> </tr> <tr> <td>8<sup>th</sup> &amp; 22<sup>nd</sup> - 10:00 Catholic Mass with Father Henry</td> <td>27<sup>th</sup> - 2:30 Resident Birthday Party/ Heather Marie</td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> </table>						1 <sup>st</sup> -2:30 Entertainment with Rich Araldi	10 <sup>th</sup> - 2:30 Social Hour/ Tony Valley	3 <sup>rd</sup> -2:30 Entertainment with Gary Girouard	17 <sup>th</sup> - 2:30 Social Hour/ Dan Kirouac	6 <sup>th</sup> - 12:00 Labor Day BBQ with Entertainment by the Cavaliers	24 <sup>th</sup> - 2:30 Social Hour/ Terry Nally	8 <sup>th</sup> & 22 <sup>nd</sup> - 10:00 Catholic Mass with Father Henry	27 <sup>th</sup> - 2:30 Resident Birthday Party/ Heather Marie				
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