



Broadview Menu Calendar for October 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Birthdays</p> <p>Jane O. 10/1 Cecelia L. 10/30 Tim T. 10/30</p>  <p>Happy Birthdays</p>  <p>Happy Halloween</p>				<p><u>1</u></p> <p>Breakfast French Toast Sausage Melon</p> <p>Lunch Meatloaf Mashed Potato Beets Or Linguine with Shrimp & Vegetable in a Scampi Sauce Pineapple Upside Down Cake</p> <p>Dinner Vegetable Beef Barley Soup Crackers Or Egg Salad Sandwich Cucumber Slices Fruited Jell-O</p>	<p><u>2</u></p> <p>Breakfast Fried Eggs Toast Pears</p> <p>Lunch Bruschetta Topped Haddock Or Sweet & Sour Chicken Rice Broccoli & Cauliflower Bread Pudding</p> <p>Dinner Minestrone Soup Crackers Or Cheeseburger Fries Tomato Slices Caramel Parfait</p>	<p><u>3</u></p> <p>Breakfast Pancakes Bacon Banana</p> <p>Lunch Pork Tenderloin with Gravy Or Beef Pot Roast with Gravy Mashed Potato Carrots Dessert Cart</p> <p>Dinner Chicken Salad Wrap Or Hotdog Baked Beans Brown Bread Coleslaw Ice Cream Bar</p>
<p><u>4</u></p> <p>Breakfast Scrambled Eggs Apple Strudel Fresh Pineapple</p> <p>Lunch Baked Chicken with Apple Stuffing Or Herb Crusted Baked Cod Rice Carrots Pumpkin Pie</p> <p>Dinner Fagiola Soup Roll Or Grilled Cheese Sandwich Chips Molasses Cookie</p>	<p><u>5</u></p> <p>Breakfast Waffles Sausage Warm Cinnamon Apples</p> <p>Lunch Boiled Dinner- Corned Beef, Cabbage, Potatoes, Carrots Or Tuna Salad on a Garden Salad Gingerbread with Topping</p> <p>Dinner Hearty Chickpea Soup Crackers Or Turkey Sandwich Cranberry Sauce Carrot Raisin Salad Tapioca Pudding</p>	<p><u>6</u></p> <p>Breakfast Onions, Peppers and Cheese Egg Scramble Home Fries Melon</p> <p>Lunch Beef and Vegetable Stir Fry over Rice Or Chicken Parmesan Stewed Zucchini and Tomatoes Strawberry Shortcake</p> <p>Dinner Philly Cheese Steak Sub Chips Or Chicken Ala King on Toast Carrots Oatmeal Cookie</p>	<p><u>7</u></p> <p>Breakfast Danish Yogurt/ Cottage Cheese Banana</p> <p>Lunch Spaghetti & Meatballs Or Sweet & Sour Ham Baked Potato Side Salad Brownie</p> <p>Dinner Egg Salad Sandwich Pickle & Chips Or Chicken Noodle Soup Roll Ambrosia Salad</p>	<p><u>8</u></p> <p>Breakfast Fried Egg Bacon Toast Mixed Fruit</p> <p>Lunch Beef Stew Biscuit Or Roast Pork Gravy Mashed Potato Broccoli Pear & Apple Crisp</p> <p>Dinner Cream of Vegetable Soup Crackers Or Fish & Chips Coleslaw Rice Pudding</p>	<p><u>9</u></p> <p>Breakfast Blueberry Pancake Sausage Mandarin Oranges</p> <p>Lunch Crusted Tilapia Wild Rice Mixed Vegetable Or Shepherd's Pie Wheat Roll Spice Cake</p> <p>Dinner Ratatouille Roll Or Tuna Sandwich Cucumber Slices Mocha Cake</p>	<p><u>10</u></p> <p>Breakfast Eggs Benedict English Muffin Grapes</p> <p>Lunch Chicken Broccoli Alfredo Or Beef Chili Roll Blueberry Buckle</p> <p>Dinner Hot Dog on a Bun Baked Beans Coleslaw Or Chef Salad Roll Parfait</p>
<p><u>11</u></p> <p>Breakfast Apple Muffins Yogurt/Cottage Cheese Fruit Medley</p> <p>Lunch Sliced Beef with Gravy Or Turkey with Gravy Mashed Potatoes Corn Ice Cream</p> <p>Dinner Chicken Tenders French Fries Peas & Carrots Or Broccoli Cheddar Soup Roll Chocolate Chip Cookie</p>	<p><u>12</u></p> <p>Breakfast Fried Eggs Toast Mandarin Orange</p> <p>Lunch Barbecue Ribs Or Egg Plant Parmesan Noodles Seasoned Vegetables Pineapple Carrot Cake</p> <p>Dinner Corned Beef and Swiss Sandwich Green Beans Or Seafood Chowder Roll Tapioca Pudding</p>	<p><u>13</u></p> <p>Breakfast Waffles Sausage Strawberries</p> <p>Lunch Cheeseburger Or Chicken Cordon Bleu Sweet Potato Peas Brownie Sundae</p> <p>Dinner Fish Sandwich Coleslaw Sweet Potato Fries Or Minestrone Soup Sour Dough Bread Fruit Pie</p>	<p><u>14</u></p> <p>Breakfast Vegetable Quiche Peaches</p> <p>Lunch Veggie Lasagna With a White Sauce Or Italian Sausage with Peppers & Onions Rice Carrots Strawberry Shortcake</p> <p>Dinner Homemade Cream of Mushroom Soup Roll Or Turkey & Swiss Sandwich Cucumbers Chocolate Pudding</p>	<p><u>15</u></p> <p>Breakfast French Toast Bacon Warm Cinnamon Apples</p> <p>Lunch Gabby's Pizza (Veggie) (Sausage) (Pepperoni) (Cheese) Side Salad Or Chicken Caesar Salad Pumpkin Cake</p> <p>Dinner Vegetable Beef Barley Soup Biscuit Or Egg Salad Sandwich Potato Chips Carrot Salad Pineapple</p>	<p><u>16</u></p> <p>Breakfast Poached Eggs English Muffin Grapes</p> <p>Lunch Beef Stew Biscuit Or Herbed Baked Haddock Twice Baked Potato Spinach Apple Crisp</p> <p>Dinner Grilled Cheese Sandwich Tomato Soup Waldorf Salad Parfait</p>	<p><u>17</u></p> <p>Breakfast Pancakes Sausage Cantaloupe</p> <p>Lunch Meatloaf Or Baked Chicken Rice Beets Ice Cream</p> <p>Dinner Frank & Bean Casserole Brown Bread Coleslaw Or Chicken Corn Chowder Savory Muffin Fruit Cup</p>



Broadview Menu Calendar for October 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>18</u> Breakfast Gourmet Donut Yogurt or Cottage Cheese Pears Lunch Baked Manicotti Or Pot Roast Sweet Potatoes Cauliflower Side Salad Dessert Cart Dinner Meatless Split Pea Soup Biscuit Or Beef Macaroni Skillet Side Salad Ice Cream Bar	<u>19</u> Breakfast Fried Eggs Toast Home Fries Peaches Lunch Turkey with Gravy Or Pork Stir Fry Rice Broccoli Hermit Cookie Dinner Grilled Reuben Sandwich Carrots Or Vegetable Beef Barley Soup Roll Jell-O	<u>20</u> Breakfast Pancakes Sausage Banana Lunch Caprese Chicken Or Kielbasa & Sauerkraut Roasted Potatoes Peas Zucchini Cake Dinner Tuna Salad Wrap Chips Or Tomato Bisque Crackers Cucumber Salad Pumpkin Cheesecake Pudding	<u>21</u> Breakfast Cheesy Egg Scramble Homemade Muffin Pineapple Lunch Cod in a Garlic Butter Sauce Lemon Orzo Green Beans Or Spaghetti with Meatballs Italian Bread Applesauce Cake Dinner Zuppa Toscana Roll Or Roast Beef Sandwich Lettuce & Tomato Bread Pudding	<u>22</u> Breakfast French Toast Bacon Oranges Lunch Steak Tips with Peppers & Onions Or Chicken Divan Noodles Banana Cream Pie Dinner Chicken Noodle Soup Crackers Or Egg Salad Sandwich Side Salad Ice Cream	<u>23</u> Breakfast Ham & Egg Quiche Cantaloupe Lunch Baked Haddock with Scallop Stuffing Or BBQ Ribs Mashed Potato Squash Peach Crisp Dinner French Onion Soup Roll Or Sliced Chicken Sandwich Three Bean Salad Peanut Butter Cookie	<u>24</u> Breakfast Yogurt/ Cottage Cheese Muffin Fruit Cocktail Lunch Chicken Pot Pie Or Lasagna Side Salad Garlic Bread Cheesecake Dinner Fish Chowder Biscuit Or Hot Dog on a Bun Baked Beans Coleslaw Blueberry Cake
<u>25</u> Breakfast Scrambled Eggs Coffee Cake Mandarin Oranges Lunch Lemon Herb Baked Salmon or Bourbon Brown Sugar Pork Tenderloin Sweet Mashed Potato Peas Ice Cream Dinner Hearty Chickpea Soup Oyster Crackers or Grilled Cheese & Tomato Sandwich Cucumber Slices Butterscotch Pudding	<u>26</u> Breakfast French Toast Bacon Fresh Fruit Lunch Roasted Turkey Or Swedish Meatballs Egg Noodles Mixed Vegetable Brownie Dinner Clam Chowder Or Italian Sub Chips Ice Cream	<u>27</u> Breakfast Fried Eggs Home Fries Toast Pears Lunch BBQ Ribs Mashed Potatoes Corn Or Shepherd's Pie Slice of Whole Grain Bread Fruit Cobbler Dinner Ham Salad Sandwich Cranberry Sauce Or Chili Con Carne Corn Bread Chocolate Chip	<u>28</u> Breakfast Waffles Sausage Peaches Lunch Tuna Noodle Casserole Or Beef Pot Pie French Bread Side Salad Fruit Cup Dinner Egg Salad Sandwich Chips Or Chicken Rice Soup Roll Side Salad Strawberry Mousse	<u>29</u> Breakfast Cheesy Egg Scramble Croissant Apple Sauce Lunch Roast Chicken Roasted Rosemary Potatoes Carrots Or Vegetable Lasagna in a White Sauce Biscuit Bread Pudding Dinner Meatball Sub or Roasted Vegetable Soup With Roll Peanut Butter Cookie	<u>30</u> Breakfast Pancakes Bacon Fresh Fruit Lunch Crab Cakes Or Italian Sausage with Peppers & Onions Mashed Potato Squash Mocha Chocolate Cake Dinner Broccoli Cheddar Soup Crackers or Turkey Salad Finger Roll Tapioca Pudding	<u>31</u> Breakfast Yogurt Ham & Cheese Corn Muffin Banana Lunch Chicken Cacciatore Rice Or Homemade Macaroni & Cheese Side Salad Chocolate Mousse Dinner Hot Dog on a Bun Baked Beans Or Chef Salad Roll Apple Pie

Broadview Assisted Living
Menu Choices Always Available

Breakfast	Fruit	Lunch & Dinner
Cold Cereal:	<i>(Seasonal Fruit Ask Your Server)</i>	Sandwiches:
Corn Flakes, Rice Krispies, Raisin Bran, Cheerios, Honey Nut Cheerios	Oranges, Mandarin Oranges, Peaches Pears, Apple Sauce, Apples, Banana's Pineapple, Fruit Cocktail	Ham, Roast Beef, Turkey, Tuna, Egg Salad Peanut Butter & Jelly
Hot Cereal:	Beverages: All Meals	Soups:
Oatmeal, Cream of Wheat	Iced Tea, Lemonade Coffee, Tea (Regular & Decaf.)	Chicken Noodle Soup Du Jour Vegetable Soup, Tomato Soup
Eggs to Order	Milk, Hot Chocolate, Lactaid Milk,	Salad:
		Tossed Salad with Dressing
Breads:	Juices:	Dessert:
White, Wheat, Rye, Raisin, English Muffins	Tomato/V8, Apple, Cranberry, Orange, Prune	Fruited Yogurt
	Soda:	<i>Assorted Desserts, Ask your Server</i>

MENU SUBJECT TO CHANGE