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| snowflake-1914896_960_720snowflake-1914896_960_720***Bright Horizon’s Activities for January 2020***snowflake-1914896_960_720snowflake-1914896_960_720 |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**  | **Saturday** |
| happynewyear[1]january-month-winter-penguins |  | **Resident****Birthdays****Father Ed 1-4****Ray P. 1/5****Juliette J. 1/6****Adrienne D. 1-11****MaryAnn L. 1/25**happy_birthday[1] | **1****Mass on TV****9:00 Trivia****Exercise****Bingo****2:30 Entertainment****with** **Diane Ammons****Bowling** **Evening Small Talk****Bedtime Reading****Evening Movie** | **2****Mass on TV****9:00 Jigsaw Puzzle****Exercise****What’s in the bag?****Bingo****List It!****3:30 Country****Store Opened****Afternoon Stretch****Evening Small Talk****Bedtime Reading****Evening Movie** Snowman-14072-large | **3****“Hair Day”****Mass on TV****Exercise****Bingo****2:30 Social Hour/ Tony Valley** **LIST IT****Afternoon Stretch****Helping Around the House****Evening Small Talk****Bedtime Reading** **Evening Movie** | **4****Mass on TV****Exercise** **Bingo****Noodle Ball****Trivia****Nails & Tales****Evening Small Talk****Bedtime Reading****Evening Movie****Trivia Day** |
| **5****Mass on TV****Exercise****Bingo****Helping Around the House****1:00 United****Parish Church****Service****Coffee Social****Bowling****Evening Small Talk****Bedtime Reading****Evening Movie** | **6****Mass on TV****9:00 Trivia****Exercise****Bingo****2:00 Piano Music in the Lobby with Joanne****Sensory** **(Taste Test)****Nails & Tales****Reminiscence Evening Small Talk****Bedtime Reading****Evening Movie** | **7****Mass on TV****9:00 What’s in the Bag?****10:00 Arts & Crafts/** **Pipe Cleaner Beaded Snowflakes**ExerciseBingo**Hot Chocolate & Cookie Social** **3:30 Rosary****Horse Races**Nails & TalesEvening Small Talk**Bedtime Reading****Evening Movie** | **8****Mass on TV****9:00 List it!****Exercise****Visualization****Bingo****Helping Around the House****Bowling** **Evening Small Talk****Bedtime Reading****Evening Movie****Happy Birthday** **Elvis!**20 | **9****Mass on TV****9:00 Jigsaw Puzzle****Exercise****What’s in the bag?****11:30 Lunch Trip/** **Sunflowers Cafe****Bingo****List It!****Blood Pressure Clinic****3:30 Country****Store Opened****Afternoon Stretch****Evening Small Talk****Bedtime Reading****Evening Movie** | **10****“Hair Day”****Mass on TV****Exercise****Bingo****2:30 Social Hour/** **Legacy Band****LIST IT****Afternoon Stretch****Helping Around the House****Evening Small Talk****Bedtime Reading****Evening Movie** | **11****Mass on TV****Bingo****Exercise** **Noodle Ball****3:45 Saturday Mass at Church****Trivia****Nails & Tales****Evening Small Talk****Bedtime Reading****Evening Movie** |
| **12****Mass on TV****Exercise****Bingo****Helping Around the House****Coffee Social****Bowling****Evening Small Talk****Bedtime Reading****Evening Movie** | **13****Mass on TV****9:00 Trivia****Exercise****Bingo****2:00 Piano Music in the Lobby with Joanne****Nails & Tales****Reminiscence****Bedtime Reading****Evening Movie**  | **14****Mass on TV****9:00 Bean Bag Toss****10:00 Baking/ Pimento Cheese** **Tea Sandwiches****Exercise****Bingo****Coffee Social****Evening Small Talk****Bedtime Reading****Evening Movie** | **15****Mass on TV****9:00 Jigsaw Puzzle****Exercise****Visualization****Bingo****Bowling** **Evening Small Talk****Bedtime Reading****Evening Movie** | **16****Mass on TV****9:00 Trivia****Exercise****What’s in the bag?****Bingo****List It!****3:30 Country****Store Opened****Afternoon Stretch****Evening Small Talk****Bedtime Reading****Evening Movie** | **17****“Hair Day”****Mass on TV****Exercise****Bingo****2:30 Social Hour/****Tim Barrett** **LIST IT****Afternoon Stretch****Helping Around the House****Evening Small Talk****Bedtime Reading****Evening Movie** | **18** **Mass on TV****Exercise** **Bingo****Noodle Ball****Coffee Social****Bowling****Nails & Tales****Reminiscence****Evening Small Talk****Bedtime Reading****Evening Movie****Winnie the Pooh Day** |
| snowflake-1914896_960_720snowflake-1914896_960_720***Bright Horizon’s Activities for January 2020***snowflake-1914896_960_720snowflake-1914896_960_720 |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **19****Mass on TV****Exercise****Bingo****Helping Around the House****Coffee Social****Ring Toss****Evening Small Talk****Bedtime Reading****Evening Movie****Popcorn Day** | **20****Mass on TV****9:00 Trivia****Exercise****Bingo****2:00 Piano Music in the Lobby with Joanne****Reminiscence****Bedtime Reading****Evening Movie****Martin Luther King Day** | **21****Mass on TV****9:00 Bean Bag Toss****10:00 Arts & Crafts/ Shrinky Dinks** **Exercise****Bingo****Hot Chocolate & Cookie Social** **3:30 Rosary****Evening Small Talk****Bedtime Reading****Evening Movie** | **22****9:00 Jigsaw Puzzle****10:00 Catholic Mass with** **Father Carlos****Exercise****Visualization****Bingo****Bowling** **Evening Small Talk****Bedtime Reading****Evening Movie** | **23****Mass on TV****9:00 What’s in the bag?****Exercise****Bingo****List It!****3:30 Country****Store Opened****Afternoon Stretch****Evening Small Talk****Bedtime Reading****Evening Movie****National Pie Day** | **24****“Hair Day”****Mass on TV****Exercise****Bingo****2:30 Social Hour/ Terry Nally****LIST IT****Afternoon Stretch****Helping Around the House****Evening Small Talk****Bedtime Reading****Evening Movie** | **25****Mass on TV****Bingo****Exercise** **Noodle Ball****3:45 Saturday Mass at Church****Evening Small Talk****Bedtime Reading****Evening Movie****Chinese New Year!** |
| **26****Mass on TV****Exercise****Bingo****Helping Around the House****Coffee Social****Ring Toss****Evening Small Talk****Bedtime Reading****Evening Movie** | **27****Mass on TV****9:00 Trivia****Exercise****Bingo****2:30 Resident Birthday Party****With** **Heather Marie****Nails & Tales****Reminiscence****Bedtime Reading****Evening Movie** | **28****Mass on TV****9:00 Bean Bag Toss****10:00 Baking/** **Strawberry Shortcake Lasagna****Exercise****Bingo****Hot Chocolate & Cookie Social****Evening Small Talk****Bedtime Reading****Evening Movie** | **29****9:00 What’s in the bag?****10:00 Catholic Mass with** **Father Carlos****Exercise****Bingo****Visualization****Bowling** **Evening Small Talk****Bedtime Reading****Evening Movie** | **30****Mass on TV****9:00 Jigsaw Puzzle****Exercise****What’s in the bag?****Bingo****List It!****3:30 Country****Store Opened****Afternoon Stretch****Evening Small Talk****Bedtime Reading****Evening Movie** | **31****“Hair Day”****Mass on TV****Exercise****Bingo****2:30 Social Hour/ The Cavaliers****LIST IT****Afternoon Stretch****Helping Around the House****Evening Small Talk****Bedtime Reading****Evening Movie**snowflake-1914896_960_720snowflake-1914896_960_720snowflake-1914896_960_720snowflake-1914896_960_720snowflake-1914896_960_720 | happy_winter_blue_snowflake |
| snow | **Main Events**

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| **1-2:30 Entertainment with Diane Ammons** | **10-2:30 Social Hour/ Legacy Band**  |
| **3-2:30 Social Hour/ Tony Valley**  | **11 & 25-3:45 Saturday Mass at Church (weather Permitting)** |
| **5-1:00 United Parish Church Service** | **17-2:30 Social Hour/Tim Barrett** |
| **6, 13, & 20-2:00 Piano Music in the Lobby with Joanne** | **22 & 29-10:00 Catholic Mass with Father Carlos** |
| **7 & 21-3:30 Rosary** | **24-2:30 Social Hour/ Terry Nally** |
| **9-11:30 Lunch Trip/ Sunflowers Café in Jaffrey, N.H.** | **27-2:30 Resident Birthday Party With Heather Marie** |
| **9-Blood Pressure Clinic** | **31-2:30 Social Hour/ The Cavaliers** |

**Country Store is open on Tuesday & Thursday - 3:30PM** **Movies will be held on Tuesday & Thursday at 6:00PM, Saturday at 3:30 PM & 6:00 PM****Sunday @ 6:00 PM in the TV Room** |