



Bright Horizon's Activities for April 2019





| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|--|---|
| <p>Resident Birthdays</p> <p>Betty T. 4/1 Anita D. 4/2 Minnie H. 4/3 Beverly T. 4/5 Mac B. 4/8 Mary H. 4/13 Muriel B. 4/18 Mel H 4/26 Terry M. 4/27</p>  | <p>1</p> <p>Personal Care Mass on TV Trivia Exercise Bingo</p> <p>2:00 Piano Music in the Lobby with Joanne</p> <p>Personal Care Reminiscence Bedtime Reading</p> | <p>2</p> <p>CareTenders Blood Pressure Clinic</p> <p>Personal Care Mass on TV 10:00 Arts & Crafts/Paper Plate Flowers Trivia Exercise Bingo</p> <p>3:30 Rosary Personal Care Reminiscence Bedtime Reading</p> | <p>3</p> <p>Personal Care Mass on TV 10:00 Baking/Easter Cookie Decorating Exercise 2:30 Piano Music in the Lobby with Lis Leal Visualization Bingo Bowling Personal Care Evening Small Talk Bedtime Reading</p> | <p>4</p> <p>Personal Care Exercise What's in the bag? Bingo List It! 3:30 Country Store Opened Afternoon Stretch Personal Care Evening Small Talk Bedtime Reading</p> | <p>5</p> <p>Personal Care Exercise Bingo</p> <p>2:30 Social Hour/Walter Deery LIST IT Afternoon Stretch Helping Around the House Personal Care Evening Small Talk Bedtime Reading</p> <p>Jelly Bean Contest for Residents Begins</p>  | <p>6</p> <p>Personal Care Mass on TV Bingo Exercise 1:30 Mystery Ride (weather permitting) Noodle Ball 3:45 Saturday Mass at Church Trivia Personal Care Evening Small Talk Bedtime Reading</p> |
| <p>7</p> <p>Personal Care Mass on TV Exercise Bingo Helping Around the House 1:00 United Parish Church Service Coffee Social Bowling Personal Care Evening Small Talk Bedtime Reading</p> | <p>8</p> <p>Personal Care Mass on TV Trivia Exercise Bingo</p> <p>2:00 Piano Music in the Lobby with Joanne</p> <p>Afternoon Stretch Personal Care Reminiscence Bedtime Reading</p> | <p>9</p> <p>"Hair Day"</p> <p>Personal Care Mass on TV Walking Group Guinea Pig Social Exercise Bingo Horse Races Nails & Tales Personal Care Evening Small Talk Bedtime Reading</p> | <p>10</p> <p>"Foot Doctor"</p>  <p>Personal Care Men's Country Breakfast Women's Victorian Breakfast 10:00 Catholic Mass with Fr. Carlos Mass on TV Exercise Visualization Bingo</p> <p>2:30 Yoga Bowling Personal Care Evening Small Talk Bedtime Reading</p> | <p>11</p> <p>Personal Care Exercise What's in the bag? 11:30 Lunch Trip/Sunflowers Bingo List It! 3:30 Country Store Opened Afternoon Stretch Personal Care Evening Small Talk Bedtime Reading</p> | <p>12</p> <p>Personal Care Exercise Bingo</p> <p>2:30 Social Hour/Dick & Dawn LIST IT Afternoon Stretch Helping Around the House Personal Care Evening Small Talk Bedtime Reading</p> | <p>13</p> <p>Personal Care Mass on TV Bingo Exercise 1:30 Mystery Ride (weather permitting) Noodle Ball 3:45 Saturday Mass at Church Trivia Personal Care Evening Small Talk Bedtime Reading</p> |
| <p>14</p> <p>Personal Care Mass on TV Exercise Bingo Helping Around the House Coffee Social Bowling Personal Care Evening Small Talk Bedtime Reading</p> <p>Palm Sunday</p>  | <p>15</p> <p>Personal Care Mass on TV Trivia Exercise Bingo</p> <p>2:00 Piano Music in the Lobby with Joanne LIST IT Personal Care Reminiscence Bedtime Reading</p> | <p>16</p> <p>"Hair Day"</p> <p>Personal Care Mass on TV Guinea Pig Social Exercise Bingo</p> <p>3:30 Rosary Afternoon Stretch Personal Care Evening Small Talk Bedtime Reading</p> | <p>17</p> <p>Personal Care Mass on TV 10:00 Catholic Mass with Fr. Carlos Exercise Visualization Bingo Bowling Personal Care Evening Small Talk Bedtime Reading</p>  | <p>18</p> <p>Personal Care Exercise What's in the bag? Bingo List It! 3:30 Country Store Opened Afternoon Stretch Personal Care Evening Small Talk Bedtime Reading</p> | <p>19</p> <p>Personal Care Exercise Bingo</p> <p>2:30 Social Hour/Sean Fullerton LIST IT Afternoon Stretch Helping Around the House Personal Care Evening Small Talk Bedtime Reading</p> <p>Good Friday</p> | <p>20</p> <p>Personal Care Mass on TV Bingo Exercise 1:30 Mystery Ride (weather permitting) Noodle Ball Personal Care Evening Small Talk Bedtime Reading</p> |



Bright Horizon's Activities for April 2019



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|---|---|---|---|---|--|--|
| 21 Easter Sunday Personal Care Mass on TV Exercise Bingo Helping Around the House Coffee Social Ring Toss Personal Care Evening Small Talk Bedtime Reading | 22 Personal Care Mass on TV Trivia Exercise Bingo 2:00 Piano Music in the Lobby with Joanne Bowling Personal Care Reminiscence Bedtime Reading Winner of Jelly Bean Contest Announced  | 23 "Hair Day" Personal Care Mass on TV Guinea Pig Social Exercise Bingo Personal Care Evening Small Talk Bedtime Reading | 24 Personal Care Mass on TV 10:00 Baking/ 4 Ingredient Easter Egg Oreo Truffles Exercise 2:30 Yoga (CR) Visualization Bingo List It! Personal Care Evening Small Talk Bedtime Reading | 25 Personal Care 10:00 Catholic Mass with Fr. Carlos Exercise What's in the bag? Bingo Bowling 3:30 Country Store Opened Afternoon Stretch Personal Care Evening Small Talk Bedtime Reading | 26 Personal Care Exercise Bingo 2:30 Social Hour/ The Cavaliers LIST IT Afternoon Stretch Helping Around the House Personal Care Evening Small Talk Bedtime Reading Arbor Day | 27 Personal Care Mass on TV Bingo Exercise 1:30 Mystery Ride (weather permitting) Noodle Ball Personal Care Evening Small Talk Bedtime Reading | |
| 28 Personal Care Mass on TV Exercise Bingo Helping Around the House Coffee Social Ring Toss Personal Care Evening Small Talk Bedtime Reading | 29 Personal Care Mass on TV Trivia Exercise Bingo 2:30 Resident Birthday Party With Lou & Jan Personal Care Reminiscence Bedtime Reading | 30 "Hair Day" Personal Care Mass on TV 10:00 Arts & Crafts/ May Baskets Guinea Pig Social Exercise 3:30 Rosary Bingo Personal Care Bedtime Reading |  | | | | |



Main Events

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| 1,8, 15 & 22- Piano music in the Lobby with Joanne at 2:00 PM | 10 Foot Doctor |
| 2, 16 & 30 Rosary at 3:30pm | 10 & 24- Yoga at 2:30 PM |
| 3-2:30 Piano Music in the Lobby with Liz Leal | 11-11:30 Lunch Trip/Sunflowers in Jaffrey at 11:30 AM |
| 4, 10, 17 & 24- 10:00 Mass with Father Carlos | 12- Social Hour/ Dick & Dawn at 2:30 |
| 5-2:30 Social Hour/ Walter Deery | 19-Social Hour/ Sean Fullerton at 2:30pm |
| 6-1:30 Mystery Ride (weather permitting) | 26-Social Hour with Cavaliers at 2:30pm |
| 6 & 13- 3:45 Catholic Mass | 29-2:30 Resident Birthday Party/ Lou & Jan |
| 7-United Parish Church Service at 1:00 PM | |

Country Store is open on Tuesday & Thursday - 3:30PM
 Movies will be held on Tuesday & Thursday at 6:00 PM, Saturday at 1:00pm & Sunday @ 3:30PM in the TV Room