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| ***Broadview Menu Calendar for January 2019*** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **th?u=http%3a%2f%2fdrapak** | **1****Breakfast****Cheese Omelet****Croissant****Apple Sauce****Lunch****Chinese Food****Vegetable Fried Rice****Chicken Wings****Vegetable Stir Fry****Egg Rolls****Fresh Pineapple****Fortune Cookies****Dinner****Turkey Salad Finger Roll****Cranberry Sauce****Or****Chili Con Carne****Corn Bread****Chocolate Chip Cookie****Happy New Year!** | **2****Breakfast****Waffles****Canadian Bacon****Peaches****Lunch****Tuna Noodle Casserole****Or****Beef Pot Pie****French Bread****Side Salad****Peanut Butter Pie****Dinner****Clam Chowder** **With ½ Italian Sub** **Or** **whole Italian Sub****Chips****Strawberry Mousse** | **3****Breakfast****Fried Eggs****Sausage** **Toast****Pears****Lunch** **Roast Chicken** **Roasted Rosemary Potatoes** **Carrots****Or****Vegetable Lasagna****Biscuit****Bread Pudding****Dinner** **Flat Bread Pizza** **Side Salad****or****Roasted Vegetable Soup****Roll****Peanut Butter Cookie** | **4****Breakfast****Pancakes****Bacon****Fresh Fruit****Lunch****Crab Cakes****Or****Italian Sausage with Peppers & Onions****Mashed Potato****Squash****Mocha Chocolate Cake****Dinner****Broccoli Cheddar** **Soup****Crackers****or****With ½ or Whole Ham Salad Sandwich****Tapioca Pudding** | **5****Breakfast****Yogurt****Ham & Cheese** **Corn Muffin****Banana****Lunch****Chicken Cacciatore****Rice****Or****Homemade Macaroni & Cheese****Side Salad****Crème De Menthe Parfait****Dinner****Hotdog on a Bun****Baked Beans****Or****Chef Salad****Roll****Apple Pie** |
| **6****Breakfast****Scrambled Eggs****Cinnamon Roll****Peaches****Lunch** **Chicken Caesar Salad with French Bread****Or****Glazed Ham****Sweet Potatoes****Peas****Dessert Buffet****Dinner****Tomato Rice Soup****With ½ Egg Salad** **Sandwich****Or****Whole Egg Salad Sandwich****Broccoli Slaw** **Ice Cream Bar** | **7****Breakfast****Egg Bake with Cheese****Apple Muffin****Grapes****Lunch****Pork Stir Fry****On Rice****Or****Chicken Marsala****Mashed Potatoes****Green Beans****Carrot Cake****Dinner****Sloppy Joe** **on a Bun****Side Salad****Roll****Zuppa Tuscana****Roll Oatmeal Cookie** | **8****Breakfast****Poached Eggs****Bacon** **Wheat Toast****Mandarin Oranges****Lunch****Beef Stroganoff****Egg Noodles****Or** **Cod Over Lemon Rice****Roasted Vegetables****Banana Cake****Dinner****Tomato Soup****½ Grilled Cheese Sandwich****Or** **Whole Grilled Cheese Sandwich****Raisin Carrot Salad****Chocolate Pudding** | **9****Breakfast****Breakfast Quiche****With Ham****Danish****Mixed Berries****Lunch****Stuffed Shells****Or****BBQ Chicken****Potato Salad****Side Salad****Walnut Brownie****Dinner****Clam Chowder****½ BLT Sandwich****Or** **Whole****BLT Sandwich****Chips****Pumpkin Cake** | **10****Breakfast****French Toast****Sausage****Melon****Lunch****Meatloaf****Mashed Potato****Beets****Or****Linguine with Shrimp & Vegetable in a Scampi Sauce****Pineapple****Upside Down Cake****Dinner****Vegetable Soup****With** **½ Egg Salad Sandwich****or** **Whole Egg Salad Sandwich** **Fruited Jell-O** | **11****Breakfast****Fried Eggs****Toast** **Clementine Orange****Lunch****Bruschetta Topped Haddock****Or****Sweet & Sour Chicken****Rice****Broccoli & Cauliflower** **Bread Pudding****Dinner****Minestrone Soup****½ Western Egg Sandwich** **Or** **Whole Western Egg Sandwich****Tomato Slices****Caramel Parfait** | **12****Breakfast****Pancakes****Bacon****Banana** **Lunch****Pork Tenderloin Mashed Potato****Green Beans****Or**  **Beef Pot Roast****With Carrots & Potatoes****Dessert Cart****Dinner****Chicken Salad Wrap** **Or****Hotdog****Baked Beans****Brown Bread****Coleslaw****Ice Cream Bar** |
| **13****Breakfast****Scrambled Eggs****Apple Strudel****Pineapple****Lunch****Baked Chicken****with Apple Stuffing****Or****Sesame Herb Crusted****Baked Cod****Rice****Carrots****Pumpkin Pie****Dinner****Fagiola Soup****Roll****Or****Grilled Rueben****Sandwich****Chips****Molasses Cookie** | **14****Breakfast****Waffles****Bacon****Warm Cinnamon Apples****Lunch****Unstuffed Cabbage Casserole****Or****Pork Medallions & Mushroom Sauce** **Sweet Potato****Cauliflower****Gingerbread with Topping****Dinner****Clam Chowder** **Tater Tots****Or** **½ or Whole Turkey Sandwich****Carrot Raisin Salad****Tapioca Pudding** | **15****Breakfast****Cheese Omelet****Toast****Peaches****Lunch****Beef and Vegetable Stir Fry over Rice****Or** **Chicken Parmesan****Stewed Zucchini and Tomatoes****Strawberry Shortcake****Dinner****Philly Cheese Steak Sub** **Chips** **Or****Chicken Ala King on Toast****Carrots****Oatmeal Cookie** | **16****Breakfast****Fried Egg****Toast** **Melon****Lunch****Spaghetti & Meatballs****Or****Sweet & Sour Ham****Baked Potato****Side Salad****Brownie****Dinner****Fish & Chips****Coleslaw****Or****Chicken Noodle Soup with Roll** **Ambrosia Salad** | **17****Breakfast****Blueberry Pancake****Bacon****Mandarin Oranges****Lunch****Meatloaf** **Mashed Potato****Broccoli****Or****Vegetarian Chili****Pear & Apple Crisp****Dinner****C&S Pizza** **Side Salad****Or****Egg Salad Sandwich****Pickle & Chips****Rice Pudding** | **18****Breakfast****Eggs Benedict****English Muffin****Grapes****Lunch****Crusted Tilapia****Wild Rice****Mixed Vegetable****Or** **Shepherd’s Pie****Wheat Roll****Apple Turnover****Dinner****Ratatouille****Roll** **½ or Whole Tuna Sandwich****Chips****Mocha Cake** | **19****Breakfast****Baked Omelet****Toast** **Banana****Lunch****Fettuccini Romana****Or****Chicken Cordon Bleu****Baked Potato****Peas****Blueberry Buckle****Dinner****Hot Dog on a Bun****Coleslaw****Or****Chef Salad****Roll****Jello Parfait** |
| ***Broadview Menu Calendar for January 2019*** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **20****Breakfast****French Toast****Breakfast Ham** **Fruit Medley****Lunch****Sliced Beef with Gravy** **Or****Turkey****Red Bliss Potatoes****Corn** **Ice Cream****Dinner****Chicken Tenders****French Fries****Peas & Carrots****Or** **Broccoli Cheddar Soup****Roll****Chocolate Chip Cookie** | **21****Breakfast****Fried Eggs****Toast****Mandarin Orange****Lunch****Barbecue Ribs** **Or****Egg Plant Parmesan****Noodles****Seasoned Vegetables****Carrot Cake****Dinner****Quiche Lorraine****Green Beans****Or****Seafood Chowder** **Roll****Tapioca Pudding** | **22****Breakfast****Waffles****Bacon****Cantaloupe****Lunch****Liver & Onions****Or****Roasted Chicken****Sweet Potato****Peas****Brownie Sundae****Dinner****Fish Sandwich****Coleslaw****Sweet Potato Fries****Or****Minestrone Soup****Sour Dough Bread****Fruit Pie** | **23****Breakfast****Vegetable Quiche****Toast** **Peaches****Lunch****Turkey Tetrazzini****Or****Italian Sausage****with Peppers & Onions****Rice****Carrots****Strawberry Shortcake****Dinner****Homemade Cream of Mushroom Soup****Roll** **Or****Ham & Swiss** **Sandwich****Cucumbers****Chocolate** **Pudding** | **24****Breakfast****French Toast****Sausage** **Warm Cinnamon Apples****Lunch****Roast Pork with Gravy****Mashed Potato****Or****Homemade Macaroni & Cheese****Side Salad****Pumpkin Cake****Dinner****Egg Salad Sandwich** **Or****Meatball Sub** **Potato Chips****Carrot Salad****Parfait** | **25****Breakfast****Poached Eggs****English Muffin****Grapes****Lunch****Herbed Baked Haddock****Twice Baked Potato****Spinach****Or****Beef Stew with Biscuit****Apple Crisp****Dinner****Tomato Soup****Roll****Or****Grilled Cheese****Sandwich** **Waldorf Salad****Roasted Pineapple** | **26****Breakfast****Pancakes****Canadian Ham****Banana****Lunch****Meatloaf with Gravy****Or****Baked Chicken****Rice****Beets****Ice Cream****Dinner****Frank & Bean****Casserole****Brown Bread****Coleslaw****Or**  **Chicken Corn Chowder** **Savory Muffin****Fruit Cup** |
| **27****Breakfast****Gourmet Donut****Yogurt** **Mixed Berries****Lunch****Baked Manicotti****Or** **Caprese Chicken****Rice** **Cauliflower****Dessert Cart****Dinner** **Ham & Pea Soup****Biscuit****Or****Beef Macaroni Skillet** **Side Salad** **Ice Cream Bar** | **28****Breakfast****Fried Eggs****Toast****Home Fries****Peaches****Lunch****Pork Stir Fry****Rice** **Or****Turkey** **Mashed Potatoes Broccoli****Hermit Cookie****Dinner** **Grilled Reuben** **Sandwich****Carrots****Or****Beef Barley Soup****Roll****Jell-O** | **29****Breakfast****Cheese Omelet****Homemade Muffin****Pineapple****Lunch****Caprese Chicken****Or** **Kielbasa & Sauerkraut****Rice****Peas****Zucchini Cake****Dinner****Tomato Bisque****½ or Whole Tuna Sandwich****Cucumber Salad****Pumpkin Cheesecake Pudding** | **30****Breakfast****Pancakes****Sausage****Banana****Lunch****Cod in a Garlic Butter Sauce****Lemon Orzo****Green Beans****Or** **Spaghetti with** **Meatballs****Italian Bread****Applesauce Cake** **Dinner****Zuppa Toscana****Roll** **Or** **Roast Beef**  **Sandwich****Lettuce & Tomato****Bread Pudding** | **31****Breakfast****Baked Ham & Cheese Omelet****Toast****Cantaloupe****Lunch****Steak Tips with Peppers &Onions****Or****Chicken Divan****Noodles****Banana Cream Pie****Dinner****Chicken Noodle Soup****Side Salad****Roll****Or** **Flat Bread Pizza Ice Cream** |  **th?u=http%3a%2f%2f2** |
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| Broadview Assisted Living**Menu Choices Always Available**

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| **Breakfast** | **Fruit** | **Lunch & Dinner** |
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| **Cold Cereal:** | (Seasonal Fruit Ask Your Server) | **Sandwiches:** |
| Corn Flakes, Rice Krispies | Oranges, Mandarin Oranges, Peaches | Ham, Roast Beef,Peanut Butter & Jelly, |
| Raisin Bran, Cheerios, | Pears, Apple Sauce, Apples, Banana's | Tuna, Egg Salad |
| Honey Nut Cheerios | Pineapple, Fruit Cocktail |  |
|  |  | **Soups:** |
| **Hot Cereal:** | **Beverages: All Meals** | Chicken Noodle, Soup Du Jour |
| Oatmeal, Cream of Wheat | Iced Coffee, Iced Tea, Lemonade |  |
|  | Coffee, Tea (Regular & Decaf.) | **Salad:** |
| **Eggs to Order** | Milk, Hot Chocolate,Lactaid Milk, | Tossed Salad with Dressing |
|  |  |  |
| **Breads:** | **Juices:** | **Dessert:** |
| White, Wheat, Rye, Raisin, English Muffins | Tomato/V8, Apple, Cranberry, Orange, Prune | Fruited Yogurt |
|  | **Soda:** | Assorted Desserts, Ask your Server |

**MENU SUBJECT TO CHANGE** |
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