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| snowflake-1914896_960_720snowflake-1914896_960_720***Bright Horizon’s Activities for January 2019***snowflake-1914896_960_720snowflake-1914896_960_720 | | | | | | | | | | | |
| **Sunday** | **Monday** | | **Tuesday** | **Wednesday** | | | | **Thursday** | **Friday** | **Saturday** | |
| happynewyear[1]  january-month-winter-penguins | **Resident**  **Birthdays**  **Father Ed 1-4**  **Adrienne D. 1-11**  **Wayne F. 1-28**  happy_birthday[1] | | **1**  **Personal Care**  **Mass on TV**  **10:00 Taking Down Christmas Decorations**  **Trivia**  **Exercise**  **Bingo**  **Wii Sports**  **Walking Group**  **Personal Care**  **Reminiscence**  **Bedtime Reading** | | **2**  **Personal Care**  **Mass on TV**  **10:00 Baking/**  **Joann’s Biscotti Cookies**  **Exercise**  **2:30 Piano Music in the Lobby with Marion Culter**  **Visualization**  **Bingo**  **Bowling**  **Personal Care**  **Evening Small Talk**  **Bedtime Reading** | | **3**  **Personal Care**  **Exercise**  **What’s in the bag?**  **Bingo**  **List It!**  **3:30 Country**  **Store Opened**  **Afternoon Stretch**  **Personal Care**  **Evening Small Talk**  **Wii SPORTS**  **Bedtime Reading**    Snowman-14072-large | | **4**  **Personal Care**  **Exercise**  **10:15 Clark YMCA (Silver Sneakers)**  **Bingo**  **2:30 Social Hour/ Dick & Dawn**  **LIST IT**  **Afternoon Stretch**  **Helping Around the House**  **Personal Care**  **Evening Small Talk**  **Bedtime Reading**    **National Trivia Day** | **5**  **Personal Care**  **Mass on TV**  **Bingo**  **Exercise**  **1:30 Mystery Ride (weather permitting)**  **Thanksgiving Noodle Ball**  **3:45 Saturday Mass at Church**  **Trivia**  **Personal Care**  **Evening Small Talk**  **Bedtime Reading**  **Monopoly Game Day** | |
| **6**  **Personal Care**  **Mass on TV**  **Exercise**  **Bingo**  **Helping Around the House**  **1:00 United**  **Parish Church**  **Service**  **Coffee Social**  **Bowling**  **Personal Care**  **Evening Small Talk**  **Bedtime Reading**  **Wii Sports** | **7**  **Personal Care**  **Mass on TV**  **Trivia**  **Exercise**  **Bingo**  **2:00 Piano Music in the Lobby with Joann**  **Wii Sports**  **Walking Group**  **Personal Care**  **Reminiscence**  **Bedtime Reading** | | **8**  **“Hair Day”**  Personal Care  **Mass on TV**  Walking Group  **10:00 Arts & Crafts/**  **Festive Bookmarks**  **Guinea Pig Social**  Exercise  **3:30 Rosary**  Bingo  **Horse Races**  Nails & Tales  **Personal Care**  Evening Small Talk  **Bedtime Reading**  **Elvis** 20 | **9**  **Personal Care**  Mass on TV  **10:00 Baking/ Pimento Cheese**  **Tea Sandwiches**  Exercise  **Visualization**  **Bingo**  **2:30 Yoga**  Bowling  Personal Care  **Evening Small Talk**  Bedtime Reading | | | **10**  **Personal Care**  Exercise  **What’s in the bag?**  **11:30 Lunch Trip/ Emma’s**  Bingo  **List It!**  **3:30 Country**  **Store Opened**  Afternoon Stretch  **Personal Care**  Evening **Small** Talk  Wii SPORTS  Bedtime Reading | | **11**  Personal Care  **Exercise**  **10:15 Clark YMCA (Silver Sneakers)**  Bingo  **2:30 Social Hour/**  **Walter Deery**  **LIST IT**  Afternoon Stretch  Helping Around the House  **Personal Care**  Evening Small Talk  **Bedtime Reading** | **12**  Personal Care  **Mass on TV**  Bingo  **Exercise**  **1:30 Mystery Ride (weather permitting)**  Thanksgiving Noodle Ball  3:45 Saturday Mass at Church  **Trivia**  **Personal Care**  Evening Small Talk  **Bedtime Reading** | |
| **13**  **Personal Care**  Mass on TV  **Exercise**  Bingo  **Helping Around the House**  Coffee Social  **Bowling**  Personal Care  Evening Small Talk  Bedtime Reading  **Wii Sports** | **14**  **Personal Care**  Mass on TV  **10:00 Roberta & Japan**  **Trivia**  Exercise  Bingo  **2:00 Piano Music in the Lobby with Joann**  Wii Sports  **Walking Group**  **Personal Care**  Reminiscence  **Bedtime Reading** | | **15**  **“Hair Day”**  **Personal Care**  Mass on TV  **10:00 Arts & Crafts/Making Coasters**  **Guinea Pig Social**  Exercise  Bingo  **Wii Sports**  Personal Care  Evening Small Talk  **Bedtime Reading** | **16**  **Personal Care**  Mass on TV  **10:00 Baking/**  **Anise Cookies**  Exercise  **Visualization**  **Bingo**  Bowling  Personal Care  **Evening Small Talk**  Bedtime Reading | | | **17**  **Personal Care**  **10:00 Catholic Mass with Fr. Carlos**  Exercise  **What’s in the bag?**  Bingo  **List It!**  **3:30 Country**  **Store Opened**  Afternoon Stretch  **Personal Care**  Evening **Small** Talk  Wii SPORTS  Bedtime Reading | | **18**  Personal Care  **Exercise**  **10:15 Clark YMCA**  **(Silver Sneakers)**  Bingo  **2:30 Social Hour/ Tony Valley**  **LIST IT**  Afternoon Stretch  Helping Around the House  **Personal Care**  Evening Small Talk  **Bedtime Reading**  **Winnie the Pooh Day** | **19**    Personal Care  **Mass on TV**  Bingo  **Exercise**  **1:30 Mystery Ride (weather permitting)**  Thanksgiving Noodle Ball  3:45 Saturday Mass at Church  **Personal Care**  Evening Small Talk  **Bedtime Reading** | |
| snowflake-1914896_960_720snowflake-1914896_960_720***Bright Horizon’s Activities for January 2019***snowflake-1914896_960_720snowflake-1914896_960_720 | | | | | | | | | | | |
| **Sunday** | | **Monday** | **Tuesday** | | | **Wednesday** | | **Thursday** | **Friday** | | **Saturday** |
| **20**  **Personal Care**  Mass on TV  **Exercise**  Bingo  **Helping Around the House**  Coffee Social  **Ring Toss**  Personal Care  Evening Small Talk  Bedtime Reading  **Wii Sports** | | **21**  **Personal Care**  Mass on TV  **Trivia**  Exercise  Bingo  **2:00 Piano Music in the Lobby with Joann**  Wii Sports  **Walking Group**  **Personal Care**  Reminiscence  **Bedtime Reading**  **National Hugging Day** | **22**  **“Hair Day”**  **Personal Care**  Mass on TV  **10:00 Arts & Crafts/ Painting**  **Guinea Pig Social**  Exercise  Bingo  **3:30 Rosary**  Wii Sports  **Walking Group**  Personal Care  Evening Small Talk  **Bedtime Reading** | | | **23**  **Personal Care**  Mass on TV  **10:00 CareTenders, Fall Prevention**  Exercise  **2:30 Yoga (CR)**  **Visualization**  **Bingo**  Bowling  Personal Care  **Evening Small Talk**  Bedtime Reading | | **24**  **Personal Care**  **10:00 Catholic Mass with Fr. Carlos**  **Exercise**  **What’s in the bag?**  **Bingo**  **List It!**  **2:30 Animal Craze (CR)**  **3:30 Country**  **Store Opened**  **Afternoon Stretch**  **Personal Care**  **Evening Small Talk**  **Wii SPORTS**  **Bedtime Reading**  **National Compliment Day** | **25**  Personal Care  **Exercise**  **10:15 Clark YMCA**  **(Silver Sneakers)**  Bingo  **2:30 Social Hour/ Terry Nally**  **LIST IT**  Afternoon Stretch  Helping Around the House  **Personal Care**  Evening Small Talk  **Bedtime Reading** | | **26**  Personal Care  **Mass on TV**  Bingo  **Exercise**  **1:30 Mystery Ride (weather permitting)**  Noodle Ball  3:45 Saturday Mass at Church  **Personal Care**  Evening Small Talk  **Bedtime Reading** |
| **27**  **Personal Care**  Mass on TV  **Exercise**  Bingo  **Helping Around the House**  Coffee Social  **Ring Toss**  Personal Care  Evening Small Talk  Bedtime Reading  **Wii Sports** | | **28**  **Personal Care**  Mass on TV  **Trivia**  Exercise  Bingo  **2:30 Resident Birthday Party**  **With**  **The Cavaliers**  Wii Sports  **Walking Group**  **Personal Care**  Reminiscence  **Bedtime Reading** | **29**  **“Hair Day”**  **Personal Care**  Mass on TV  **10:00 Arts & Crafts/**  **Groundhog Hopes**  **Guinea Pig Social**  Exercise  Bingo  **Wii Sports**  **Walking Group**  Personal Care  Bedtime Reading  **National Puzzle Day** | | | **30**  **“Foot Doctor”**  14962-illustration-of-green-footprints-pv  **Personal Care**  Mass on TV  **10:00 Baking/ Bruschetta Crostinis**  Exercise  **Bingo**  **Visualization**  Bowling  Personal Care  **Evening Small Talk**  Bedtime Reading | | **31**  **Personal Care**  **10:00 Catholic Mass with Fr. Carlos**  Exercise  **What’s in the bag?**  Bingo  **List It!**  **3:30 Country**  **Store Opened**  Afternoon Stretch  **Personal Care**  Evening Small Talk  Wii SPORTS  Bedtime Reading | snowflake-1914896_960_720  snowflake-1914896_960_720  snowflake-1914896_960_720  snowflake-1914896_960_720snowflake-1914896_960_720 | | happy_winter_blue_snowflake |
| snow1238857_winter_christmas | | **Main Events**   |  |  | | --- | --- | | **2­-2:30 PM, Piano Music in the Lobby with Marion Culter** | **10-Lunch Trip to Emma’s at 11:30 AM** | | **4, 11, 18 & 25 Silver Sneakers 10:15 AM** | **11-Social Hour with Walter Deery at 2:30pm** | | **4-Social Hour with Dick & Dawn at 2:30 PM** | **18-Social Hour with Tony Valley at 2:30pm** | | **5, 12, 19 & 26 at 1:30 PM Mystery Ride (weather permitting)** | **22- Painting at 10:00 AM** | | **5, 12, 19 & 26 at 3:45 PM Saturday Mass at Church** | **23- CareTenders, Fall Prevention at 10:00 AM** | | **6-United Parish Church Service at 1:00 PM** | **24- Animal Craze at 2:30 PM** | | **7, 14 & 21-Piano music in the Lobby with Joanne at 2:00 PM** | **25-Social Hour with Terry Nally at 2:30pm** | | **8 & 22-Rosary at 3:30pm** | **28-Resident Birthday Party with The Cavaliers at 2:30pm** | | **9 & 23- Yoga at 2:30 PM** | **30- Foot Doctor** |   **Country Store is open on Tuesday & Thursday - 3:30PM**  **Movies will be held on Tuesday & Thursday at 6:15PM, Saturday at 1:00pm &**  **Sunday @ 3:30PM in the TV Room** | | | | | | | | | |