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| snowflake-1914896_960_720snowflake-1914896_960_720***Bright Horizon’s Activities for January 2019***snowflake-1914896_960_720snowflake-1914896_960_720 |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**  | **Saturday** |
| happynewyear[1]january-month-winter-penguins | **Resident****Birthdays****Father Ed 1-4****Adrienne D. 1-11****Wayne F. 1-28** happy_birthday[1] | **1****Personal Care** **Mass on TV****10:00 Taking Down Christmas Decorations****Trivia****Exercise****Bingo****Wii Sports****Walking Group****Personal Care****Reminiscence****Bedtime Reading** | **2****Personal Care****Mass on TV****10:00 Baking/****Joann’s Biscotti Cookies** **Exercise****2:30 Piano Music in the Lobby with Marion Culter****Visualization****Bingo****Bowling** **Personal Care****Evening Small Talk****Bedtime Reading** | **3****Personal Care****Exercise****What’s in the bag?****Bingo****List It!****3:30 Country****Store Opened****Afternoon Stretch****Personal Care****Evening Small Talk****Wii SPORTS****Bedtime Reading** Snowman-14072-large | **4****Personal Care** **Exercise****10:15 Clark YMCA (Silver Sneakers)** **Bingo****2:30 Social Hour/ Dick & Dawn** **LIST IT****Afternoon Stretch****Helping Around the House****Personal Care****Evening Small Talk****Bedtime Reading****National Trivia Day** | **5****Personal Care****Mass on TV****Bingo****Exercise** **1:30 Mystery Ride (weather permitting)****Thanksgiving Noodle Ball****3:45 Saturday Mass at Church****Trivia****Personal Care****Evening Small Talk****Bedtime Reading****Monopoly Game Day**  |
| **6****Personal Care****Mass on TV****Exercise****Bingo****Helping Around the House****1:00 United****Parish Church****Service****Coffee Social****Bowling****Personal Care****Evening Small Talk****Bedtime Reading****Wii Sports**  | **7****Personal Care** **Mass on TV****Trivia****Exercise****Bingo****2:00 Piano Music in the Lobby with Joann****Wii Sports****Walking Group****Personal Care****Reminiscence****Bedtime Reading** | **8****“Hair Day”**Personal Care **Mass on TV**Walking Group**10:00 Arts & Crafts/** **Festive Bookmarks****Guinea Pig Social**Exercise**3:30 Rosary**Bingo**Horse Races**Nails & Tales**Personal Care**Evening Small Talk**Bedtime Reading****Elvis** 20 | **9****Personal Care**Mass on TV**10:00 Baking/ Pimento Cheese** **Tea Sandwiches**Exercise**Visualization****Bingo****2:30 Yoga** Bowling Personal Care**Evening Small Talk**Bedtime Reading | **10****Personal Care**Exercise**What’s in the bag?****11:30 Lunch Trip/ Emma’s**Bingo**List It!****3:30 Country****Store Opened**Afternoon Stretch**Personal Care**Evening **Small** TalkWii SPORTSBedtime Reading | **11**Personal Care **Exercise****10:15 Clark YMCA (Silver Sneakers)** Bingo**2:30 Social Hour/** **Walter Deery****LIST IT**Afternoon StretchHelping Around the House**Personal Care**Evening Small Talk**Bedtime Reading** | **12**Personal Care**Mass on TV**Bingo**Exercise** **1:30 Mystery Ride (weather permitting)**Thanksgiving Noodle Ball3:45 Saturday Mass at Church**Trivia****Personal Care**Evening Small Talk**Bedtime Reading** |
| **13****Personal Care**Mass on TV**Exercise**Bingo**Helping Around the House** Coffee Social**Bowling**Personal CareEvening Small TalkBedtime Reading**Wii Sports**  | **14****Personal Care** Mass on TV**10:00 Roberta & Japan****Trivia**ExerciseBingo**2:00 Piano Music in the Lobby with Joann**Wii Sports**Walking Group****Personal Care**Reminiscence**Bedtime Reading**  | **15****“Hair Day”****Personal Care** Mass on TV**10:00 Arts & Crafts/Making Coasters****Guinea Pig Social**ExerciseBingo**Wii Sports**Personal CareEvening Small Talk**Bedtime Reading** | **16****Personal Care**Mass on TV**10:00 Baking/****Anise Cookies**Exercise**Visualization****Bingo**Bowling Personal Care**Evening Small Talk**Bedtime Reading | **17****Personal Care****10:00 Catholic Mass with Fr. Carlos**Exercise**What’s in the bag?**Bingo**List It!****3:30 Country****Store Opened**Afternoon Stretch**Personal Care**Evening **Small** TalkWii SPORTSBedtime Reading | **18**Personal Care **Exercise****10:15 Clark YMCA** **(Silver Sneakers)** Bingo**2:30 Social Hour/ Tony Valley** **LIST IT**Afternoon StretchHelping Around the House**Personal Care**Evening Small Talk**Bedtime Reading****Winnie the Pooh Day** | **19** Personal Care**Mass on TV**Bingo**Exercise** **1:30 Mystery Ride (weather permitting)** Thanksgiving Noodle Ball3:45 Saturday Mass at Church**Personal Care**Evening Small Talk**Bedtime Reading** |
| snowflake-1914896_960_720snowflake-1914896_960_720***Bright Horizon’s Activities for January 2019***snowflake-1914896_960_720snowflake-1914896_960_720 |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **20****Personal Care**Mass on TV**Exercise**Bingo**Helping Around the House**Coffee Social **Ring Toss**Personal CareEvening Small TalkBedtime Reading**Wii Sports** | **21****Personal Care** Mass on TV**Trivia**ExerciseBingo**2:00 Piano Music in the Lobby with Joann**Wii Sports**Walking Group****Personal Care**Reminiscence**Bedtime Reading****National Hugging Day** | **22****“Hair Day”****Personal Care** Mass on TV**10:00 Arts & Crafts/ Painting****Guinea Pig Social** ExerciseBingo**3:30 Rosary**Wii Sports**Walking Group**Personal CareEvening Small Talk**Bedtime Reading** | **23****Personal Care**Mass on TV**10:00 CareTenders, Fall Prevention**Exercise**2:30 Yoga (CR)****Visualization****Bingo**Bowling Personal Care**Evening Small Talk**Bedtime Reading | **24****Personal Care****10:00 Catholic Mass with Fr. Carlos****Exercise****What’s in the bag?****Bingo****List It!****2:30 Animal Craze (CR)****3:30 Country****Store Opened****Afternoon Stretch****Personal Care****Evening Small Talk****Wii SPORTS****Bedtime Reading****National Compliment Day** | **25**Personal Care **Exercise****10:15 Clark YMCA** **(Silver Sneakers)** Bingo**2:30 Social Hour/ Terry Nally****LIST IT**Afternoon StretchHelping Around the House**Personal Care**Evening Small Talk**Bedtime Reading** | **26**Personal Care**Mass on TV**Bingo**Exercise** **1:30 Mystery Ride (weather permitting)** Noodle Ball3:45 Saturday Mass at Church**Personal Care**Evening Small Talk**Bedtime Reading** |
| **27****Personal Care**Mass on TV**Exercise**Bingo**Helping Around the House**Coffee Social**Ring Toss**Personal CareEvening Small TalkBedtime Reading**Wii Sports**  | **28****Personal Care** Mass on TV**Trivia**ExerciseBingo**2:30 Resident Birthday Party****With** **The Cavaliers**Wii Sports**Walking Group****Personal Care**Reminiscence**Bedtime Reading** | **29****“Hair Day”****Personal Care** Mass on TV**10:00 Arts & Crafts/** **Groundhog Hopes****Guinea Pig Social**ExerciseBingo**Wii Sports****Walking Group**Personal CareBedtime Reading**National Puzzle Day** | **30****“Foot Doctor”**14962-illustration-of-green-footprints-pv**Personal Care**Mass on TV**10:00 Baking/ Bruschetta Crostinis**Exercise**Bingo****Visualization**Bowling Personal Care**Evening Small Talk**Bedtime Reading | **31****Personal Care****10:00 Catholic Mass with Fr. Carlos**Exercise**What’s in the bag?**Bingo**List It!****3:30 Country****Store Opened**Afternoon Stretch**Personal Care**Evening Small TalkWii SPORTSBedtime Reading | snowflake-1914896_960_720snowflake-1914896_960_720snowflake-1914896_960_720snowflake-1914896_960_720snowflake-1914896_960_720 | happy_winter_blue_snowflake |
| snow1238857_winter_christmas | **Main Events**

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| **2­-2:30 PM, Piano Music in the Lobby with Marion Culter** | **10-Lunch Trip to Emma’s at 11:30 AM**  |
| **4, 11, 18 & 25 Silver Sneakers 10:15 AM** | **11-Social Hour with Walter Deery at 2:30pm** |
| **4-Social Hour with Dick & Dawn at 2:30 PM** | **18-Social Hour with Tony Valley at 2:30pm** |
| **5, 12, 19 & 26 at 1:30 PM Mystery Ride (weather permitting)** | **22- Painting at 10:00 AM** |
| **5, 12, 19 & 26 at 3:45 PM Saturday Mass at Church** | **23- CareTenders, Fall Prevention at 10:00 AM** |
| **6-United Parish Church Service at 1:00 PM** | **24- Animal Craze at 2:30 PM** |
| **7, 14 & 21-Piano music in the Lobby with Joanne at 2:00 PM** | **25-Social Hour with Terry Nally at 2:30pm** |
| **8 & 22-Rosary at 3:30pm**  | **28-Resident Birthday Party with The Cavaliers at 2:30pm** |
| **9 & 23- Yoga at 2:30 PM**  | **30- Foot Doctor** |

**Country Store is open on Tuesday & Thursday - 3:30PM** **Movies will be held on Tuesday & Thursday at 6:15PM, Saturday at 1:00pm &** **Sunday @ 3:30PM in the TV Room** |