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| ***Broadview Menu Calendar for November 2018*** | | | | | | | | | |
| **Sunday** | **Monday** | **Tuesday** | | **Wednesday** | | **Thursday** | **Friday** | **Saturday** | |
|  | | | | | | **1**  **Breakfast**  French Toast  Sausage  Melon  **Lunch**  Meatloaf  Mashed Potato  Beets  Or  Linguine with Shrimp & Vegetable in a Scampi Sauce  Pineapple  Upside Down Cake  **Dinner**  Vegetable Soup  With  ½ Egg Salad Sandwich  or Whole Egg Salad Sandwich  Fruited Jell-O | **2**  **Breakfast**  Fried Eggs  Toast  Pears  **Lunch**  Bruschetta Topped Haddock  Or  Sweet & Sour Chicken  Rice  Broccoli & Cauliflower  Bread Pudding  **Dinner**  Mini Hamburger Sliders  “Soup Buffet”  Choices of: Minestrone Soup  Chicken Noodle  Corn Chowder  **Dessert Buffet**  **With Light Refreshments in the Community Room at the Dance 6:30-8:00** | **3**  **Breakfast**  Pancakes  Bacon  Banana  **Lunch**  Pork Tenderloin Mashed Potato  Green Beans  Or  Beef Pot Roast  With Carrots & Potatoes  Dessert Cart  **Dinner**  Chicken Salad Wrap Or  Hotdog  Baked Beans  Brown Bread  Coleslaw  Ice Cream Bar | |
| **4**  **Breakfast**  Scrambled Eggs  Toast  Pineapple  **Lunch**  Baked Chicken  with Apple Stuffing  Or  Sesame Herb Crusted  Baked Cod  Rice  Carrots  Pumpkin Pie  **Dinner**  Fagiola Soup  Roll  Or  Grilled Rueben  Sandwich  Chips  Molasses Cookie | **5**  **Breakfast**  Waffles  Bacon  Warm Cinnamon Apples  **Lunch**  Unstuffed Cabbage Casserole  Or  Pork Medallions & Mushroom Sauce  Sweet Potato  Cauliflower  Gingerbread with Topping  **Dinner**  Clam Roll  Tater Tots  Or  ½ or Whole Turkey Sandwich  Carrot Raisin Salad  Tapioca Pudding | **6**  **Breakfast**  Cheese Omelet  Toast  Peaches  **Lunch**  Beef and Vegetable Stir Fry over Rice  Or  Chicken Parmesan  Stewed Zucchini and Tomatoes  Strawberry Shortcake  **Dinner**  Philly Cheese Steak Sub  Chips  Or  Chicken Ala King on Toast  Carrots  Oatmeal Cookie | | **7**  **Breakfast**  Fried Egg  Toast  Mixed Fruit  **Lunch**  Spaghetti & Meatballs  Or  Sweet & Sour Ham  Baked Potato  Side Salad  Brownie  **Dinner**  Fish & Chips  Coleslaw  Or  Chicken Noodle Soup with Roll  Ambrosia Salad | | **8**  **Breakfast**  Blueberry Pancake  Bacon  Mandarin Oranges  **Lunch**  Meatloaf  Mashed Potato  Broccoli  Or  Beef Chili  Pear & Apple Crisp  **Dinner**  Cream of Vegetable Soup  Or  Egg Salad Sandwich  Pickle & Chips  Rice Pudding | **9**  **Breakfast**  Eggs Benedict  English Muffin  Grapes  **Lunch**  Crusted Tilapia  Wild Rice  Mixed Vegetable  Or  Shepherd’s Pie  Wheat Roll  Spice Cake  **Dinner**  Ratatouille  Roll  ½ or Whole Tuna Sandwich  Chips  Mocha Cake | **10**  **Breakfast**  Baked Omelet  Toast  Banana  **Lunch**  Fettuccini Romana  Or  Chicken Cordon Bleu  Baked Potato  Peas  Blueberry Buckle  **Dinner**  Hot Dog on a Bun  Coleslaw  Or  Chef Salad  Roll  Parfait | |
| **11**  **Breakfast**  French Toast  Canadian Ham  Fruit Medley  **Lunch**  Sliced Beef with Gravy  Or  Turkey  Red Bliss Potatoes  Corn  Ice Cream  **Dinner**  Chicken Tenders  French Fries  Peas & Carrots  Or  Broccoli Cheddar Soup  Roll  Chocolate Chip Cookie | **12**  **Breakfast**  Fried Eggs  Toast  Mandarin Orange  **Lunch**  Barbecue Ribs  Or  Egg Plant Parmesan  Noodles  Seasoned Vegetables  Carrot Cake  **Dinner**  Quiche Lorraine  Green Beans  Or  Seafood Chowder  Roll  Tapioca Pudding | **13**  **Breakfast**  Waffles  Bacon  Pears  **Lunch**  Liver & Onions  Or  Roasted Chicken  Sweet Potato  Peas  Brownie Sundae  **Dinner**  Fish Sandwich  Coleslaw  Sweet Potato Fries  Or  Minestrone Soup  Sour Dough Bread  Fruit Pie | | **14**  **Breakfast**  Vegetable Quiche  Toast  Peaches  **Lunch**  Turkey Tetrazzini  Or  Italian Sausage  with  Peppers & Onions  Rice  Carrots  Strawberry Shortcake  **Dinner**  Homemade Cream of Mushroom Soup  Roll  Or  Ham & Swiss  Sandwich  Cucumbers  Chocolate Pudding | | **15**  **Breakfast**  French Toast  Sausage  Warm Cinnamon Apples  **Lunch**  Roast Pork with Gravy  Mashed Potato  Or  Homemade Macaroni & Cheese  Side Salad  Pumpkin Bread  **Dinner**  C&S Pizza  Or  Meatball Sub  Potato Chips  Carrot Salad  Parfait | **16**  **Breakfast**  Poached Eggs  English Muffin  Fruit Cocktail  **Lunch**  Herbed Baked Haddock  Twice Baked Potato  Spinach  Or  Beef Stew with Biscuit  Apple Crisp  **Dinner**  Tomato Soup  Roll  Or  Grilled Cheese  Sandwich  Waldorf Salad  Roasted Pineapple | **17**  **Breakfast**  Pancakes  Canadian Ham  Banana  **Lunch**  Meatloaf with Gravy  Or  Baked Chicken  Rice  Beets  Ice Cream  **Dinner**  Frank & Bean  Casserole  Brown Bread  Coleslaw  Or  Chicken Corn Chowder  Savory Muffin  Fruit Cup | |
| ***Broadview Menu Calendar for November 2018*** | | | | | | | | | |
| **Sunday** | **Monday** | | **Tuesday** | | **Wednesday** | **Thursday** | **Friday** | | **Saturday** |
| **18**  **Breakfast**  Gourmet Donut  Yogurt or  Cottage Cheese  Pears  **Lunch**  Baked Ham  Or  Pot Roast  Sweet Potatoes Cauliflower  Rice Crispie Square  **Dinner**  Ham & Pea Soup  Biscuit  Or  Beef Macaroni Skillet  Side Salad  Ice Cream Bar | **19**  **Breakfast**  Fried Eggs  Toast  Home Fries  Peaches  **Lunch**  Pork Stir Fry  with Rice  Or  Turkey  Mashed Potatoes  Broccoli  Hermit Cookie  **Dinner**  Grilled Reuben  Sandwich  Carrots  Or  Beef Barley Soup  Roll  Jell-O | | **20**  **Breakfast**  Cheese Omelet  Homemade Muffin  Pineapple  **Lunch**  Caprese Chicken  Or  Kielbasa & Sauerkraut  Brown Rice  Peas  Zucchini Bread  **Dinner**  Tomato Bisque  ½ Tuna Sandwich  or  Whole Tuna Sandwich  Cucumber Salad  Pumpkin Cheesecake Pudding | | **21**  **Breakfast**  Pancakes  Sausage  Banana  **Lunch**  Cod in a Garlic Butter Sauce  Lemon Orzo  Green Beans  Or  Spaghetti with  Meatballs  Italian Bread  Applesauce Cake  **Dinner**  Zuppa Toscana  Roll  Or  1/2 or Whole  Roast Beef  Sandwich  Lettuce & Tomato  Bread Pudding | **22**  **Breakfast**  Baked Ham & Cheese Omelet  Toast  Cantaloupe  **Lunch**  Roasted Tom Turkey  Butternut Squash  Mashed Potatoes with Gravy  Green Bean Casserole  Bread Stuffing  Cranberry-Orange  Relish  Assorted Pies  **Dinner**  Chicken Noodle Soup  Side Salad  Roll  Or  Flat Bread Pizza Ice Cream  **Happy Thanksgiving** | **23**  **Breakfast**  Over Night Apple French Toast  Bacon  Oranges  **Lunch**  Baked Haddock with Scallop Stuffing  Or  Meatloaf  Baked Potato  Squash  Peach Crisp  **Dinner**  Sliced Chicken Sandwich  Vegetable Macaroni Salad  Or  Fish Chowder  Roll  Peanut Butter Cookie | | **24**  **Breakfast**  Poached Egg  Wheat Toast  Fruit Cocktail  **Lunch**  Chicken Pot Pie  Or  Lasagna  Side Salad  Garlic Bread  Cheesecake  **Dinner**  Hamburger or  Hot Dog on a Bun  Baked Beans  Potato Salad  Coleslaw  Blueberry Cake |
| **25**  **Breakfast**  Scrambled Eggs  English Muffin  Mandarin Oranges  **Lunch:**  Stuffed Peppers  or  Bourbon Brown Sugar Pork Tenderloin  Sweet Mashed Potato  Peas  Ice Cream  **Dinner:**  Ham & Corn Chowder  Oyster Crackers  or  Grilled Cheese & Tomato Sandwich  Cucumber Slices  Butterscotch Pudding | **26**  **Breakfast**  French Toast  Sausage  Mixed Fruit  **Lunch**  Roasted Turkey  Or  Swedish Meatballs  Egg Noodles  Mixed Vegetable  Brownie Pudding Cake  **Dinner**  Beef Stew  Biscuit  Or  Chicken Rice Soup  Roll  Side Salad  Ice Cream | | **27**  **Breakfast**  Cheese Omelet  Croissant  Apple Sauce  **Lunch**  BBQ Ribs  Mashed Potatoes  Corn  Or  Shepherd’s Pie  Slice of Whole Grain Bread  Fruit Cobbler  **Dinner**  Turkey Salad Finger Roll  Cranberry Sauce  Or  Chili Con Carne  Corn Bread  Chocolate Chip Cookie | | **28**  **Breakfast**  Waffles  Canadian Bacon  Peaches  **Lunch**  Tuna Noodle Casserole  Or  Beef Pot Pie  French Bread  Side Salad  Fruit Cup  **Dinner**  Clam Chowder  With ½ or whole Italian Sub  Chips  Strawberry Mousse | **29**  **Breakfast**  Fried Eggs  Sausage  Toast  Pears  **Lunch**  Roast Chicken  Roasted Rosemary Potatoes  Carrots  Or  Vegetable Lasagna  Biscuit  Bread Pudding  **Dinner**  Flat Bread Pizza  Side Salad  or  Roasted Vegetable Soup  With Roll  Peanut Butter Cookie | **30**  **Breakfast**  Pancakes  Bacon  Fresh Fruit  **Lunch**  Crab Cakes  Or  Italian Sausage with Peppers & Onions  Mashed Potato  Squash  Mocha Chocolate Cake  **Dinner**  Broccoli Cheddar  Soup  Crackers  or  With ½ or Whole Ham Salad Sandwich  Tapioca Pudding | | **Birthdays for November**  **Peter M. 11/8**  **Mary S. 11/18**  **Lila D. 11/29** |
|  | Broadview Assisted Living  **Menu Choices Always Available**   |  |  |  | | --- | --- | --- | | **Breakfast** | **Fruit** | **Lunch & Dinner** | | **Cold Cereal:** | (Seasonal Fruit Ask Your Server) | **Sandwiches:** | | Corn Flakes, Rice Krispies | Oranges, Mandarin Oranges, Peaches | Ham, Roast Beef, Peanut Butter & Jelly, | | Raisin Bran, Cheerios, | Pears, Apple Sauce, Apples, Banana's | Tuna, Egg Salad | | Honey Nut Cheerios | Pineapple, Fruit Cocktail |  | |  |  | **Soups:** | | **Hot Cereal:** | **Beverages: All Meals** | Chicken Noodle, Soup Du Jour | | Oatmeal, Cream of Wheat | Iced Coffee, Iced Tea, Lemonade |  | |  | Coffee, Tea (Regular & Decaf.) | **Salad:** | | **Eggs to Order** | Milk, Hot Chocolate, Lactaid Milk, | Tossed Salad with Dressing | |  |  |  | | **Breads:** | **Juices:** | **Dessert:** | | White, Wheat, Rye, Raisin, English Muffins | Tomato/V8, Apple, Cranberry, Orange, Prune | Fruited Yogurt | |  |  | Assorted Desserts, Ask your Server | |  | **Soda:** |  | |  |  |  | |  |  |  | |  | **MENU SUBJECT TO CHANGE** |  | | | | | | | | | |