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| ***Broadview Menu Calendar for November 2018*** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **1** **Breakfast**French ToastSausageMelon**Lunch**MeatloafMashed PotatoBeetsOrLinguine with Shrimp & Vegetable in a Scampi SaucePineappleUpside Down Cake**Dinner**Vegetable SoupWith ½ Egg Salad Sandwichor Whole Egg Salad Sandwich Fruited Jell-O | **2****Breakfast**Fried EggsToast Pears**Lunch**Bruschetta Topped HaddockOrSweet & Sour ChickenRiceBroccoli & Cauliflower Bread Pudding**Dinner**Mini Hamburger Sliders “Soup Buffet”Choices of: Minestrone Soup Chicken NoodleCorn Chowder**Dessert Buffet** **With Light Refreshments in the Community Room at the Dance 6:30-8:00** | **3****Breakfast**PancakesBaconBanana **Lunch**Pork Tenderloin Mashed PotatoGreen BeansOr  Beef Pot RoastWith Carrots & PotatoesDessert Cart**Dinner**Chicken Salad Wrap OrHotdogBaked BeansBrown BreadColeslawIce Cream Bar |
| **4****Breakfast**Scrambled EggsToastPineapple**Lunch**Baked Chickenwith Apple StuffingOrSesame Herb CrustedBaked CodRiceCarrotsPumpkin Pie**Dinner**Fagiola SoupRollOrGrilled RuebenSandwichChipsMolasses Cookie | **5****Breakfast**WafflesBaconWarm Cinnamon Apples**Lunch**Unstuffed Cabbage CasseroleOrPork Medallions & Mushroom Sauce Sweet PotatoCauliflowerGingerbread with Topping**Dinner**Clam Roll Tater TotsOr ½ or Whole Turkey SandwichCarrot Raisin SaladTapioca Pudding | **6****Breakfast**Cheese OmeletToastPeaches**Lunch**Beef and Vegetable Stir Fry over RiceOr Chicken ParmesanStewed Zucchini and TomatoesStrawberry Shortcake**Dinner**Philly Cheese Steak Sub Chips OrChicken Ala King on ToastCarrotsOatmeal Cookie | **7****Breakfast**Fried EggToast Mixed Fruit**Lunch**Spaghetti & MeatballsOrSweet & Sour HamBaked PotatoSide SaladBrownie**Dinner**Fish & ChipsColeslawOrChicken Noodle Soup with Roll Ambrosia Salad | **8****Breakfast**Blueberry PancakeBaconMandarin Oranges**Lunch**Meatloaf Mashed PotatoBroccoliOrBeef ChiliPear & Apple Crisp**Dinner**Cream of Vegetable SoupOrEgg Salad SandwichPickle & ChipsRice Pudding | **9****Breakfast**Eggs BenedictEnglish MuffinGrapes**Lunch**Crusted TilapiaWild RiceMixed VegetableOr Shepherd’s PieWheat RollSpice Cake**Dinner**RatatouilleRoll ½ or Whole Tuna SandwichChipsMocha Cake | **10****Breakfast**Baked OmeletToast Banana**Lunch**Fettuccini RomanaOrChicken Cordon BleuBaked PotatoPeasBlueberry Buckle**Dinner**Hot Dog on a BunColeslawOrChef SaladRollParfait |
| **11****Breakfast**French ToastCanadian Ham Fruit Medley**Lunch**Sliced Beef with Gravy OrTurkeyRed Bliss PotatoesCorn Ice Cream**Dinner**Chicken TendersFrench FriesPeas & CarrotsOr Broccoli Cheddar SoupRollChocolate Chip Cookie | **12****Breakfast**Fried EggsToastMandarin Orange**Lunch**Barbecue Ribs OrEgg Plant ParmesanNoodlesSeasoned VegetablesCarrot Cake**Dinner**Quiche LorraineGreen BeansOrSeafood Chowder RollTapioca Pudding | **13****Breakfast**WafflesBaconPears**Lunch**Liver & OnionsOrRoasted ChickenSweet PotatoPeasBrownie Sundae**Dinner**Fish SandwichColeslawSweet Potato FriesOrMinestrone SoupSour Dough BreadFruit Pie | **14****Breakfast**Vegetable QuicheToast Peaches**Lunch**Turkey TetrazziniOrItalian Sausagewith Peppers & OnionsRiceCarrotsStrawberry Shortcake**Dinner**Homemade Cream of Mushroom SoupRoll OrHam & Swiss SandwichCucumbersChocolate Pudding | **15****Breakfast**French ToastSausage Warm Cinnamon Apples**Lunch**Roast Pork with GravyMashed PotatoOrHomemade Macaroni & CheeseSide SaladPumpkin Bread**Dinner**C&S Pizza OrMeatball Sub Potato ChipsCarrot SaladParfait | **16****Breakfast**Poached EggsEnglish MuffinFruit Cocktail**Lunch**Herbed Baked HaddockTwice Baked PotatoSpinachOrBeef Stew with BiscuitApple Crisp**Dinner**Tomato SoupRollOrGrilled CheeseSandwich Waldorf SaladRoasted Pineapple | **17****Breakfast**PancakesCanadian HamBanana**Lunch**Meatloaf with GravyOrBaked ChickenRiceBeetsIce Cream**Dinner**Frank & BeanCasseroleBrown BreadColeslawOr  Chicken Corn Chowder Savory MuffinFruit Cup |
|  ***Broadview Menu Calendar for November 2018*** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **18****Breakfast**Gourmet DonutYogurt or Cottage Cheese Pears**Lunch**Baked HamOr Pot RoastSweet Potatoes CauliflowerRice Crispie Square**Dinner**Ham & Pea SoupBiscuitOrBeef Macaroni Skillet Side Salad Ice Cream Bar | **19****Breakfast**Fried EggsToastHome FriesPeaches**Lunch**Pork Stir Frywith Rice OrTurkey Mashed PotatoesBroccoliHermit Cookie**Dinner** Grilled Reuben SandwichCarrotsOrBeef Barley SoupRollJell-O | **20****Breakfast**Cheese OmeletHomemade MuffinPineapple**Lunch**Caprese ChickenOr Kielbasa & Sauerkraut Brown RicePeasZucchini Bread**Dinner**Tomato Bisque½ Tuna Sandwichor Whole Tuna SandwichCucumber SaladPumpkin Cheesecake Pudding | **21****Breakfast**PancakesSausageBanana**Lunch**Cod in a Garlic Butter SauceLemon OrzoGreen BeansOr Spaghetti with MeatballsItalian BreadApplesauce Cake **Dinner**Zuppa ToscanaRoll Or 1/2 or WholeRoast Beef  SandwichLettuce & TomatoBread Pudding | **22****Breakfast**Baked Ham & Cheese OmeletToast Cantaloupe**Lunch**Roasted Tom TurkeyButternut SquashMashed Potatoes with GravyGreen Bean CasseroleBread StuffingCranberry-OrangeRelishAssorted Pies**Dinner**Chicken Noodle SoupSide SaladRollOr Flat Bread Pizza Ice Cream**Happy Thanksgiving** | **23****Breakfast**Over Night Apple French ToastBaconOranges**Lunch**Baked Haddock with Scallop StuffingOrMeatloafBaked Potato SquashPeach Crisp**Dinner**Sliced Chicken SandwichVegetable Macaroni SaladOrFish ChowderRollPeanut Butter Cookie | **24****Breakfast**Poached EggWheat ToastFruit Cocktail**Lunch** Chicken Pot Pie OrLasagnaSide SaladGarlic BreadCheesecake**Dinner**Hamburger orHot Dog on a BunBaked BeansPotato SaladColeslawBlueberry Cake |
| **25****Breakfast**Scrambled Eggs English MuffinMandarin Oranges**Lunch:**Stuffed Peppersor Bourbon Brown Sugar Pork TenderloinSweet Mashed PotatoPeasIce Cream**Dinner:** Ham & Corn ChowderOyster Crackers or Grilled Cheese & Tomato SandwichCucumber SlicesButterscotch Pudding | **26****Breakfast**French Toast Sausage Mixed Fruit**Lunch**Roasted Turkey Or Swedish MeatballsEgg NoodlesMixed VegetableBrownie Pudding Cake**Dinner**Beef StewBiscuitOrChicken Rice SoupRollSide Salad Ice Cream | **27****Breakfast**Cheese OmeletCroissantApple Sauce**Lunch**BBQ RibsMashed PotatoesCornOrShepherd’s PieSlice of Whole Grain BreadFruit Cobbler**Dinner**Turkey Salad Finger RollCranberry SauceOrChili Con CarneCorn BreadChocolate Chip Cookie | **28****Breakfast**WafflesCanadian BaconPeaches**Lunch**Tuna Noodle CasseroleOrBeef Pot PieFrench BreadSide SaladFruit Cup**Dinner**Clam Chowder With ½ or whole Italian SubChipsStrawberry Mousse | **29****Breakfast**Fried EggsSausage ToastPears**Lunch**Roast Chicken Roasted Rosemary Potatoes CarrotsOrVegetable LasagnaBiscuitBread Pudding**Dinner** Flat Bread Pizza Side SaladorRoasted Vegetable SoupWith RollPeanut Butter Cookie | **30****Breakfast**PancakesBaconFresh Fruit**Lunch**Crab CakesOrItalian Sausage with Peppers & OnionsMashed PotatoSquashMocha Chocolate Cake**Dinner**Broccoli Cheddar SoupCrackersorWith ½ or Whole Ham Salad SandwichTapioca Pudding | **Birthdays for November****Peter M. 11/8****Mary S. 11/18****Lila D. 11/29**  |
|  | Broadview Assisted Living **Menu Choices Always Available**

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| **Breakfast** | **Fruit** | **Lunch & Dinner** |
| **Cold Cereal:** | (Seasonal Fruit Ask Your Server)  | **Sandwiches:**  |
| Corn Flakes, Rice Krispies | Oranges, Mandarin Oranges, Peaches  | Ham, Roast Beef, Peanut Butter & Jelly,  |
| Raisin Bran, Cheerios, | Pears, Apple Sauce, Apples, Banana's  | Tuna, Egg Salad  |
| Honey Nut Cheerios | Pineapple, Fruit Cocktail  |   |
|  |   | **Soups:**  |
| **Hot Cereal:** | **Beverages: All Meals**  | Chicken Noodle, Soup Du Jour  |
| Oatmeal, Cream of Wheat | Iced Coffee, Iced Tea, Lemonade  |   |
|  | Coffee, Tea (Regular & Decaf.)  | **Salad:**  |
| **Eggs to Order** | Milk, Hot Chocolate, Lactaid Milk,  | Tossed Salad with Dressing  |
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| **Breads:** | **Juices:**  | **Dessert:**  |
| White, Wheat, Rye, Raisin, English Muffins | Tomato/V8, Apple, Cranberry, Orange, Prune  | Fruited Yogurt  |
|  |   | Assorted Desserts, Ask your Server  |
|  | **Soda:**  |   |
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|  | **MENU SUBJECT TO CHANGE**  |   |

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