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| ***Bright Horizons Activities for July 2018*** | | | | | | | | | | | | | |
| **Sunday** | **Monday** | | | | **Tuesday** | | **Wednesday** | | | **Thursday** | **Friday** | **Saturday** | |
| **1**  **Personal Care Mass on TV Exercise**  **Walking Group 1:00 United Parish Church Service Bingo**  **Helping Around the House**  **Coffee Hour/ (Monthly Gazette) Personal Care Evening Small Talk**  **Bedtime Reading 8:05 RED SOX**  **Canada Day**  canadian_flag | | **2**  **Personal Care Mass on TV Gardening**  **Exercise**  **Bingo**  **2:00 Piano Music in the Lobby with Joann**  **Walking Group Ring Toss**  **Personal Care Evening Small Talk 7:05 RED SOX Bedtime Reading** | | | | **3**  **Personal Care**  **Mass on TV Walking Group 10:00 Arts &**  **Crafts/ Festive 4th Hats**  **Exercise**  **Bingo**  **Nails & Tales**  **2:30 Errand Trip 3:30 Country Store Opened**  **Personal Care**  **Evening Small Talk**  **6:05 RED SOX Bedtime Reading** | | **4**  **Personal Care Mass on TV Exercise**  **10:00 Baking/**  **Peanut Butter Fudge**  **Open Air Discussion/R&R**  **12:00 July 4th BBQ featuring The Cavaliers**  **Bingo**  **Bowling**  **Personal Care**  **Evening Small Talk**  **Bedtime Reading 11:05 RED SOX** | | **5**  **Personal Care**  **Exercise**  10:30Clark YMCA (POOL)  **Bingo**  **List It!**  **Walking Group**  **2:30 Ice cream trip**  **(Murdock)**  **3:30 Country Store Opened**  **Personal Care**  **Evening Small Talk Bedtime Reading**  **National Apple Turnover Day**  [This Photo](http://bigboldbeautifulfood.blogspot.com/2009/10/apple-turnovers.html) by Unknown Author is licensed under [CC BY](https://creativecommons.org/licenses/by/3.0/) | **6**  **“Hair Day”**  **Personal Care** 10:15 Clark YMCA (Silver Sneakers)  **Exercise**  **Walking Group Bingo**  **2:30 Social Hour/**  **Dave Andrews Word Game Open-Air Discussion/R&R Ring Toss Helping Around the House Personal Care**  **Evening Small Talk Bedtime Reading**  **8:15 RED SOX** | **7**  **Personal Care United Parish or Mass on TV Bingo**  **Exercise**  **1:30 Mystery Ride (weather permitting) Walking Group Cards**  **Trivia**  **Personal Care Evening Small Talk**  **7:15 RED SOX Bedtime Reading National Chocolate Day &**  **National Strawberry Sundae Day** | |
| **8**  **Personal Care Mass on TV Exercise**  **Bingo**  **Helping Around the House**  **Coffee Hour/ (Reminiscence) 2:15 RED SOX Personal Care Evening Small Talk**  **Bedtime Reading** | **9**  **Personal Care**  **Mass on TV Gardening**  **Exercise**  **Bingo**  **2:00 Piano Music in the Lobby with Joann**  **Walking Group**  **Ring Toss**  **Personal Care Evening Small Talk Bedtime Reading**  **7:10 RED SOX** | | | | **10**  **Personal Care**  **Mass on TV Walking Group 10:00 Arts & Crafts/ Paper Mache Cacti**  **Exercise**  **Bingo**  **Nails & Tales**  **2:30 Errand Trip 3:30 Rosary**  **3:30 Country Store Opened**  **Personal Care**  **7:10 RED SOX Evening Small Talk Bedtime Reading**  [This Photo](https://whydyoueatthat.wordpress.com/2014/06/20/introducing-the-hodgepodge/) by Unknown Author is licensed under [CC BY-ND](https://creativecommons.org/licenses/by-nd/3.0/) | | **11**  **“Hair Day”**  **Personal Care**  **Mass on TV**  **10:00 Baking/**  **Pimento cream cheese finger sandwiches**  **Exercise**  **Open Air Discussion/ R & R Bingo**  **2:30 Ice Cream Social**  **Bowling**  **Personal Care**  **7:10 RED SOX Evening Small Talk Bedtime Reading**  **National Make your own Sunday Day** | | | **12**  **Personal Care**  **10:00 Catholic Mass with Fr. Mike**  10:30 Clark  YMCA (POOL)  **Exercise**  **11:30 Lunch Trip/**  **Kay’s Dairy Bar**  **Bingo**  **List It!**  **Walking Group**  **3:30 Country Store Opened**  **Personal Care**  **7:10 RED SOX Evening Small Talk Bedtime Reading** | **13**  **“Hair Day”**  **Personal Care** 10:15 Clark YMCA (Silver Sneakers)  **Exercise Gardening**  **Bingo**  **2:30 Social**  **Hour/**  **Walter Deery**  **Word Game Afternoon Stretch**  **Open-Air Discussion/R&R**  **Personal Care 7:10 RED SOX Evening Small Talk**  **Bedtime Reading**  **Barber Shop Music Appreciation Day** | **14**  **Personal Care United Parish or Mass on TV Bingo**  **Exercise**  **1:05 RED SOX**  **1:30 Mystery Ride (weather permitting) Walking Group Cards**  **4:05 RED SOX Trivia**  **Personal Care Evening Small Talk Bedtime Reading** | |
| **15**  **Personal Care Mass on TV**  **Exercise**  **Bingo**  **1:05 RED SOX Helping Around the House**  **Coffee Hour/ (Reminiscence) Personal Care Evening Small Talk Bedtime Reading**  **National Ice Cream Day**  sorvete | **16**  **Personal Care**  **Mass on TV**  **Exercise**  **Bingo**  **2:00 Piano Music in the Lobby with Joann**  **Walking Group Visualization**  **Personal Care**  **Wii SPORTS**  **Evening Small Talk Bedtime Reading**  **8:00 RED SOX** | | | | **17**  **Personal Care**  **Mass on TV**  **10:00 Arts &**  **Crafts/ Homemade Bird Feeders**  **Exercise**  **Bingo**  **2:30 Animal Craze**  **Nails & Tales**  **3:30 Country Store Opened**  **Personal Care**  **8:00 NL vs AL ALL STAR GAME**  **Evening Small Talk Bedtime Reading** | | **18**  **“Hair Day”**  **Personal Care**  **Mass on TV**  **10:00 Baking/**  **Jam Filled Butter Cookies**  **Exercise**  **Open Air Discussion/ R & R 2:30 Yoga Class**  **Bingo**  **Noodle Ball Personal Care Evening Small Talk Bedtime Reading**  [This Photo](http://flickr.com/photos/cig/2869034186) by Unknown Author is licensed under [CC BY-SA](https://creativecommons.org/licenses/by-sa/2.0/) | | | **19**  **Personal Care**  **10:00 Catholic Mass with Fr. Mike**  10:30 Clark YMCA (POOL)  **Exercise**  **Bingo**  **List It!**  **3:30 Country Store Opened**  **Afternoon Stretch Personal Care**  **Evening Small Talk Wii SPORTS**  **Bedtime Reading 10:10 RED SOX**  **National Hot Dog Day**  [This Photo](http://commons.wikimedia.org/wiki/File:Hot_dog_on_a_plate_-_Evan_Swigart.jpg) by Unknown Author is licensed under [CC BY-SA](https://creativecommons.org/licenses/by-sa/3.0/) | **20**  **“Hair Day”**  **Personal Care** 10:15 Clark YMCA (Silver Sneakers)  **Exercise Gardening**  **Bingo**  **2:30 Social**  **Hour/ Dan Kirouac**  **LIST IT Afternoon Stretch**  **Open-Air Discussion/R&R**  **Personal Care Evening Small Talk**  **7:10 RED SOX**  **Bedtime Reading**  **National Ice Cream Soda Day** | **21**  **Personal Care United Parish or Mass on TV**  **Bingo**  **Exercise**  **1:30 Mystery Ride (weather**  **permitting) Afternoon Stretch Cards**  **Trivia**  **Personal Care**  **8:15 RED SOX**  **Evening Small Talk**  **Bedtime Reading** | |
| ***Bright Horizons Activities for July 2018*** | | | | | | | | | | | | | |
| **Sunday** | | | **Monday** | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** |
| **22**  **Personal Care**  **Mass on TV**  **Exercise**  **1:10 RED SOX Helping Around the House**  **Personal Care Evening Small Talk Bedtime Reading** | | | **23**  **Personal Care Mass on TV Gardening Exercise**  **Bingo**  **2:00 Piano Music in the Lobby with Joann**  **Walking Group Personal Care**  **7:05 RED SOX**  **Evening Small Talk**  **Bedtime Reading** | **24**  **Personal Care**  **Mass on TV**  **10:00 Arts & Crafts/ Eatable Aquarium**  **Exercise**  **Bingo**  **Nails & Tales**  **3:30 Rosary**  **3:30 Country Store Opened**  **Visualization Personal Care Evening Small Talk Bedtime Reading**  **7:05 RED SOX**    **Amelia Earhart Day** | | | **25**  **“Hair Day”**  **Personal Care**  **Mass on TV**  **10:00 Baking/**  **Ants on a Log**  **Exercise**  **Open Air Discussion/ R & R**  **11:30 Picnic Lunch to Mt. Wachusett**  **Bingo**  **Ring Toss**  **Personal Care Evening Small Talk Wii SPORTS Bedtime Reading 7:05 RED SOX**  **Culinarians Day**  chef | | **26**  **Personal Care**  **10:00 Catholic Mass with Fr. Mike**  **10:45 Fishing trip/ Dunn’s Park**  **Exercise**  **Bingo**  **List It!**  **3:30 Country Store Opened**  **Afternoon Stretch Personal Care**  **Evening Small Talk**  **7:10 RED SOX**  **Wii SPORTS**  **Bedtime Reading** | | **27**  **“Hair Day”**  **Personal Care**  10:15 Clark YMCA (Silver Sneakers)  **Exercise**  **Walking Group Bingo**  **2:30 Social**  **Hour/**  **Terry Nally**  **Patio Bowling**  **Open-Air Discussion/R&R Helping Around the House**  **Personal Care**  **7:10 RED SOX Evening Small Talk Bedtime Reading** | | **28**  **Personal Care United Parish or Mass on TV Bingo**  **Exercise Afternoon**  **Stretch**  **1:30 Mystery Ride (weather permitting) Cards**  **Trivia**  **Personal Care 7:10 RED SOX Evening Small Talk**  **Bedtime Reading** |
| **29**  **Personal Care**  **Mass on TV**  **Exercise**  **Gardening**  **1:05 RED SOX**  **Ring Toss**  **Helping Around**  **the House**  **Coffee Hour/ (TRIVIA)**  **Personal Care**  **Evening Small Talk Bedtime Reading** | | | **30**  **Personal Care Mass on TV Exercise**  **2:30 Resident Birthday Party/Richard Erickson**  **Gardening**  **Bingo**  **Walking Group Personal Care Evening Small Talk**  **7:10 RED SOX**  **Bedtime Reading**  **International Day of Friendship**  Iedereen-heeft-Minstens-één-Zielsverwant-nodig-want-Eenzaamheid-kan-onze-Grootste-Vijand-Zijn-Easy-Branches | **31**  **Personal Care**  **Mass on TV**  **10:00 Arts & Crafts/ Picking Blueberries**  **Exercise**  **Bingo**  **2:30 Errand Trip**  **Nails & Tales**  **3:30 Country Store Opened Visualization Personal Care**  **7:10 RED SOX Evening Small Talk Bedtime Reading** | | | **National Blueberry Month**  blueberries  American_Pooh_RGB | | **Birthdays**  **Lyle N. 7/5**  **Helen N. 7/28**  Birthday-HD-Wallpaper-16 | |  | | ice_cream_by_yogilimon-d3i6lx3 |
| **Main Events**  **Country Store is open on Tuesday & Thursday - 3:30 PM and by Request.**   |  |  | | --- | --- | | **1-1:00 United Parish Church Service** | **13-2:30 Social Hour/ Walter Deery** | | **2, 9, 16 & 23 -2:00 Piano Music in the Lobby with Joann** | **18- 2:30 Yoga Class** | | ***3, 17 & 31-*2:30 Errand Trip** | **20-2:30 Social Hour/ Dan Kirouac** | | **4-12:00 July 4th BBQ & The Cavaliers** | **25- 11:30 Picnic Lunch to Mt. Wachusett** | | **5 -Ice cream trip to Murdock Dairy Bar** | **26- 10:45 Fishing Trip Dunn’s Park** | | ***6-* 2:30 Social Hour/ Dave Andrews** | **27-2:30 Social Hour/ Terry Nally** | | **7, 14, 21 & 28- 1:30 Mystery Ride (weather permitting)** | **30-2:30 Resident Birthday Party/Richard Erickson** | | **10 & 24- 3:30 Rosary** |  | | **11-2:30 Ice Cream Social** |  | | **12, 19, & 26-10:00 Catholic Mass with Fr. Mike** |  | | **12-11:30 Lunch Trip/ Kay’s Dairy Bar** |  | | | | | | | | | | | | | | |