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| ***th?u=http%3a%2f%2ffc09th?u=http%3a%2f%2ffc09th?u=http%3a%2f%2ffc09 Broadview Menu Calendar for October 2018th?u=http%3a%2f%2ffc09th?u=http%3a%2f%2ffc09th?u=http%3a%2f%2ffc09***  |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **Holidays for October****1st International Coffee Day****3rd National Kale Day****8th National Salmon Day****9th National Beer & Pizza Day****18th National Chocolate Cup Cake Day****26th National Bread Sticks Day** | **1****Breakfast**Cheese OmeletToastPeaches**Lunch**LasagnaOrPork Medallions &Mushroom SauceMashed Sweet PotatoCauliflowerGingerbread with Topping **Dinner** French Onion SoupCheese BreadOrTurkey Salad SandwichOnion RingsOatmeal Cookie**International Coffee Day** | **2****Breakfast**WafflesBacon Fresh Strawberry Sauce**Lunch**Shepard’s Pie OrChicken KabobRiceGreen BeansStrawberry Shortcake**Dinner**Chicken Noodle SoupRollOrCream Cheese & Olive SandwichCucumber SlicesRice Pudding | **3****Breakfast**Fried EggsSausage Pears**Lunch**Beef Chop SueyOrBaked Maple HamBaked PotatoSide SaladBlueberry Square**Dinner**Philly Cheese Steak GrinderOrGarden Vegetable Soup RollJell-O**National Kale Day** | **4****Breakfast**Pancakes Bacon Sliced Oranges**Lunch**Swiss Steak with GravyOr Roasted ChickenRoasted PotatoesMixed VegetablesFruit Pie**Dinner**Chef’s SaladRollOrEgg Salad Sandwich Carrot Raisin SaladMocha Cake |  **5** **Breakfast**Eggs BenedictEnglish MuffinGrapes**Lunch**Fish Cakes with Tartar Sauce & LemonOr Veal Parmesan NoodlesPeasBanana Bread**Dinner**RatatouilleRollOr Tuna SaladSandwich CucumbersChocolate Pudding | **6** **Breakfast** Yogurt Muffin Banana **Lunch** BBQ Ribs Or Hamburger on a BunPotato SaladSide SaladIce Cream **Dinner** Hot Dog on a Bun Baked Beans with Bacon Coleslaw Or Turkey Noodle Soup Roll Vanilla Custard |
|  **7** **Breakfast**Scrambled EggsApple Strudel StickFruit Medley**Lunch**Boiled DinnerHam, Potatoes, Carrots, OnionsDinner BiscuitOr Turkey Mashed PotatoesMixed VegetablesStrawberry Jell-O Pie**Dinner**Chicken NuggetsFrench FriesPeas & CarrotsOrBroccoli Cheddar soupRollChocolate Chip Cookie | **8****Breakfast**Waffles BaconPears**Lunch**Baked SalmonOr Eggplant ParmesanNoodlesBroccoliPineapple Carrot Cake**Dinner** Ham & Cheese QuicheSquash MedleyOrHamburger SoupRoll Tapioca PuddingNational Salmon Day |  **9** **Breakfast**Country SkilletEnglish MuffinMandarin Oranges**Lunch**Flatbread PizzaWith SaladOrRoasted ChickenSweet PotatoesCornBrownie Sundae**Dinner**Fish SandwichSeasonal SaladOrMinestrone SoupSourdough BreadFruited Jell-OInternational Beer & Pizza Day | **10****Breakfast**French ToastSausage Apple Sauce**Lunch**Turkey TetrazziniOrItalian Sausage with Peppers & OnionRiceZucchiniStrawberry Shortcake**Dinner** Chicken Noodle Soup Cheddar & Corn MuffinOrSeafood Salad Sandwich Tomato SaladRice Pudding | **11****Breakfast**Fried EggsToastPeaches**Lunch**Roast Pork with GravyMashed PotatoesOrBeef StewDumplingsPumpkin Cake**Dinner**Beef Barley SoupButtered BreadOrEgg Salad sandwichChips & PicklesIce Cream | **12****Breakfast**Pancakes Ham Banana**Lunch**Herb Baked HaddockTwice Baked PotatoSteamed SpinachOrHomemade Macaroni & CheeseBlueberry Lemon Cake**Dinner**Tomato Soup½ or Whole Grilled Cheese SandwichWaldorf SaladOatmeal Cookie |  **13****Breakfast**Eggs BenedictEnglish MuffinFruit Cocktail**Lunch**Shepherd’s PieOrStuffed ChickenRice Beets Ice Cream**Dinner**Hot Dog on a Bun Baked BeansSour Cream SaladOr Turkey ChiliCorn MuffinFruit & Sherbert Parfait |
| **14** **Breakfast**DonutsYogurt CupPears**Lunch**Baked HamOrRoast BeefSweet PotatoesCauliflowerAmbrosia Salad **Dinner**Pea SoupBiscuitOrBeef Macaroni Skillet Greek Salad Ice Cream | **15****Breakfast**Fried EggsToastHome FriesPeaches**Lunch**Pork Loin OrTurkey Cutlet with Apple StuffingMashed PotatoesCranberry SauceGreen BeansOatmeal Hermit **Dinner**BLT SandwichSide SaladOrBeef Noodle SoupRollRice Pudding | **16****Breakfast**Plain or Blueberry PancakesBaconBanana**Lunch** Baked ChickenOr Kielbasa & Sauerkraut RicePeasZucchini Bread**Dinner**Tuna Salad SandwichCucumber Salad OrBaked Onion SoupCheese BreadFruit Parfait | **17****Breakfast**Cheese OmeletHomemade MuffinPineapple**Lunch**Baked Cod Au Gratin PotatoGreen BeansOr Spaghetti with MeatballsItalian BreadPeanut Butter Pie**Dinner**Roast Beef & Provolone Sandwich Corn & Bean SaladOrZuppa ToscanaRollPumpkin Bread Pudding |  **18** **Breakfast**French ToastBaconCantaloupe**Lunch**Steak Tips with Peppers & Onions OrChicken Divan NoodlesMixed VegetableBanana Cream Pie**Dinner**C & S Pizza OrHam & Swiss SandwichCarrotsIce Cream**International Chocolate Cup Cake Day** | **19** **Breakfast** Baked Ham & Cheese OmeletEnglish MuffinMandarin Oranges**Lunch**Seafood CasseroleOrMeatloafBaked Potato Summer SquashFruit Crisp**Dinner**Chicken NuggetsVegetable Macaroni SaladOrFish ChowderRollPeanut Butter Cookie | **20****Breakfast**WafflesSausageFruit Cocktail**Lunch** Chicken- Shepherd’s Pie OrVegetable LasagnaSide SaladCheesecake**Dinner**HamburgerOr Hot Dog on a BunBaked BeansPotato SaladColeslawApple Cobbler |
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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **21****Breakfast**Scrambled Eggs Chocolate EclairMandarin Oranges**Lunch** Baked American Chop Suey or Pork RoastMashed PotatoesBeetsFruit Pie**Dinner**Seafood Chowder RollOr Grilled Cheese & Tomato SandwichButterscotch Pudding | **22****Breakfast**French Toast Sausage Mixed Fruit**Lunch**Roasted Turkey Or Swedish MeatballsEgg NoodlesButternut SquashBrownie Pudding Cake**Dinner**Egg Salad SandwichOr Broccoli Cheddar SoupCrackersSide SaladIce Cream  | **23****Breakfast**Cheese OmeletCranberry OrangeMuffinBanana**Lunch**Baked CodOr B.B.Q. RibsSweet PotatoesCornFruit Cup**Dinner**Turkey Salad SandwichLettuce & Tomato Cranberry SauceOrPotato Leek Soup Corn Bread Chocolate Chip Cookie | **24****Breakfast****Men’s Country Breakfast** **&** **Women’s Victorian Breakfast** Waffles Baked Sugar HamPeaches**Lunch**LasagnaGarlic BreadOr Chicken Pot PieSide SaladApple Cake**Dinner**Corn ChowderRollOr Italian SandwichPickled BeetsChips & PickleChocolate Mousse | **25****Breakfast**Poached Eggs Bran MuffinFresh Fruit**Lunch**Pot RoastOrBaked HamPotatoes & CarrotsPumpkin Pie**Dinner**Cheese RavioliOrBLT SandwichWith FriesSide SaladPeanut Butter Cookie | **26****Breakfast**Pancakes BaconPears**Lunch**Crab CakeOrItalian SausageWith Peppers & OnionMashed PotatoesGreen BeansBread StickMocha Cake**Dinner**Beef StewBiscuitOr Ham Salad SandwichSliced Cucumbers Tapioca Pudding | **27****Breakfast**Yogurt MuffinStrawberries**Lunch**Chicken CacciatoreNoodlesOrHomemade Mac & CheeseMixed VegetableIce Cream**Dinner**Hotdog w/BunBaked BeansColeslawOrChicken Noodle SoupRollLemon Pie |
| **28****Breakfast**Scrambled EggsCinnamon RollFruit**Lunch**Roast Beef W/ Gravy OrPork TenderloinMashed Sweet PotatoPeasOatmeal Cookie**Dinner**Chicken, Tomato & Rice Soup RollOrTuna Salad SandwichFrench FriesSaladStrawberry Parfait | **29****Breakfast**French ToastSausageGrapes**Lunch**BBQ RibsMacaroni SaladGreen BeansOrLinguine with Shrimp & Vegetable Garlic SauceCarrot Cake**Dinner**Sloppy Joe on a BunSide SaladOrTortellini SoupRollIce Cream | **30****Breakfast**Poached Eggs Wheat ToastMandarin Oranges**Lunch**Baked Chicken OrCod NuggetsPotato Salad Roasted VegetableBanana Cake**Dinner**Tomato SoupRollOrSeafood SaladRaisin Carrot SaladRice Pudding**National Candy Corn Day** | **31****Breakfast**PancakesBaconBanana**Lunch**Stuffed ShellsOr Beef StroganoffEgg NoodlesSide SaladChocolate Cream Pie**Dinner**Turkey Bacon Ranch SandwichSeasoned French FriesOrClam ChowderRollFruit Sorbet  |    |  |  |
| Broadview Assisted Living**Menu Choices Always Available**

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| Breakfast | Fruit | Lunch & Dinner |
| Cold Cereal: | (Seasonal Fruit Ask Your Server) | **Sandwiches:** |
| Corn Flakes, Rice Krispies | Oranges, Mandarin Oranges, Peaches | Ham, Roast Beef, Peanut Butter & Jelly, |
| Raisin Bran, Cheerios, | Pears, Apple Sauce, Apples, Banana's | Tuna, Egg Salad |
| Honey Nut Cheerios | Pineapple, Fruit Cocktail |  |
|  |  | **Soups:** |
| Hot Cereal: | **Beverages: All Meals** | Chicken Noodle, Soup Du Jour |
| Oatmeal, Cream of Wheat | Iced Coffee, Iced Tea, Lemonade |  |
|  | Coffee, Tea (Regular & Decaf.) | **Salad:** |
| Eggs to Order | Milk, Hot Chocolate, Lactaid Milk, | Tossed Salad with Dressing |
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| Breads: | **Juices:** | **Dessert:** |
| White, Wheat, Rye, Raisin, English Muffins | Tomato/V8, Apple, Cranberry, Orange, Prune | Fruited Yogurt |
|  |  | Assorted Desserts, Ask your Server |
|  | **Soda:** |  |
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|  | **MENU SUBJECT TO CHANGE** |  |

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