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| ***Bright Horizons Activities for August 2018*** | | | | | | | | | | | | |
| **Sunday** | **Monday** | | **Tuesday** | | **Wednesday** | | | **Thursday** | **Friday** | | **Saturday** | |
|  |  | |  | | | **1**  **“Hair Day”**  **Personal Care**  **Mass on TV**  **10:00 Baking/**  **Build Your Own Smores**  **Exercise Visualization**  **2:30 Glenn Hillard**  **Bingo**  **Bowling**  **Personal Care**  **Word puzzles Bedtime Reading** | | **2**  **Personal Care**  **10:00 Catholic Mass with Father Mike**  **Exercise**  **What’s in the bag? Bingo**  **List It!**  **3:30 Country Store Opened**  **Afternoon Stretch Personal Care Evening Small Talk Wii SPORTS Bedtime Reading**  **7:10 Red Sox** | **3**  **“Hair Day”**  **Personal Care**  **Gardening**  **Exercise**  **Bingo**  **2:30 Social Hour/ Tim Barrett**  **LIST IT**  **Afternoon Stretch Discussion/R&R Helping Around the House**  **Personal Care Word Puzzles Bedtime Reading**  **7:10 Red Sox** | | **4**  **Personal Care**  **Mass on TV**  **Bingo**  **Exercise**  **2:30 Iced Tea & Lemonade Social Noodle Ball**  **4:05 Red Sox**  **Trivia**  **Personal Care Evening Small Talk Bedtime Reading** | |
| **5**  **Personal Care**  **Mass on TV Exercise**  **Bingo**  **Helping Around the House**  **1:00 United Parish Church Service Coffee Social Bowling**  **Personal Care Evening Small Talk**  **TBD Red Sox** | **6**  **Personal Care**  **Mass on TV**  **Trivia**  **Exercise**  **Bingo**  **Gardening**  **Wii Sports**  **Personal Care Reminiscence Bedtime Reading** | | **7**  **Personal Care**  **Mass on TV**  **Walking Group**  **10:00 Arts & Crafts/**  **Printing with Flowers**  **Guinea Pig Social Exercise**  **Bingo**  **3:30 Rosary**  **3:30 Country Store Opened**  **Horse Races**  **4:00- 5:00 YMCA**  **Clark (Swimming)**  **Nails & Tales Personal Care Evening Small Talk 7:07 Red Sox**  **Bedtime Reading** | | **8**  **“Hair Day”**  **Personal Care**  **Mass on TV**  **10:00 Baking/**  **Mini Fruit Tarts**  **Exercise**  **2:30 Animal Craze**  **Visualization**  **Bingo**  **Bowling**  **Personal Care**  **Word Puzzles**  **7:07 Red Sox**  **Bedtime Reading** | | | **9**  **Personal Care**  **10:00 Catholic Mass with Father Mike Exercise**  **11:30 Lunch Trip/Picnic Lunch**  **to Cathedral**  **of the Pines**  **What’s in the bag? Bingo**  **List It!**  **3:30 Country Store Opened**  **Afternoon Stretch Personal Care**  **7:07 Red Sox**  **Evening Small Talk Wii SPORTS**  **Bedtime Reading** | | **10**  **“Hair Day”**  **Personal Care Exercise**  **10:15 Clark YMCA**  **Bingo**  **2:30 Social Hour/**  **Heather Marie**  **LIST IT**  **Outdoor R & R Helping Around the House**  **Personal Care**  **7:05 Red Sox**  **Word puzzles Bedtime Reading** | **11**  **Personal Care**  **Mass on TV**  **Bingo**  **Exercise**  **Helping Around the House**  **1:30 Mystery Ride 2:30 Iced Tea & Lemonade Social Noodle Ball**  **Trivia**  **Personal Care Evening Small 7:05 Red Sox**  **Talk Bedtime Reading** | |
| **12**  **Personal Care**  **Mass on TV Exercise**  **Bingo**  **1:05 Red Sox**  **Helping Around the House**  **Coffee Social**  **Bowling**  **Personal Care Evening Small Talk Bedtime Reading Wii Sports** | 13  **Personal Care**  **Mass on TV**  **Trivia**  **Exercise**  **Bingo**  **Wii Sports Gardening**  **Personal Care Reminiscence Bedtime Reading** | | **14**  **“Hair Day”**  **Personal Care**  **Mass on TV**  **Walking Group**  **10:30 Fishing Trip to Dunn Park**  **Guinea Pig Social Exercise**  **Bingo**  **Visualization with Will**  **2:30 Errand Trip**  **3:30 Country Store Opened**  **4:00- 5:00 YMCA**  **Clark (Swimming)**  **Summer Trivia**  **Nails & Tales**  **7:05 Red Sox**  **Personal Care Evening Small Talk Bedtime Reading** | | **15**  **“FOOT DR.”**  **Personal Care**  **Mass on TV**  **10:00 Baking/**  **Canolli's**  **Exercise**  **2:30 Yoga**  **Gardening**  **Outdoor R & R Visualization**  **Bingo**  **Bowling**  **7:05 Red Sox**  **Personal Care**  **Word Puzzles**  **Bedtime Reading** | | | **16**  **Personal Care**  **10:00 Catholic Mass with Father Mike**  **Exercise**  **What’s in the bag? Bingo**  **List It!**  **3:30 Country Store Opened**  **Afternoon Stretch Personal Care Evening Small Talk Wii SPORTS**  **Bedtime Reading** | | **17**  **“Hair Day”**  **Personal Care Exercise**  **10:15 Clark YMCA**  **Bingo**  **2:30 Social Hour/**  **Lou & Jan**  **LIST IT**  **Afternoon Stretch Discussion/R&R Helping Around the House**  **Personal Care**  **Word Puzzles Bedtime Reading**  **7:10 Red Sox** | **18**  **Personal Care**  **Mass on TV**  **Bingo**  **Exercise**  **Helping Around the House**  **1:30 Mystery**  **Ride**  **2:30 Iced Tea & Lemonade Social**  **Noodle Ball**  **Trivia**  **Personal Care Evening Small Talk Bedtime Reading**  **7:10 Red Sox** | |
| ***Bright Horizons Activities for August 2018*** | | | | | | | | | | | | |
| **Sunday** | | **Monday** | **Tuesday** | **Wednesday** | | | **Thursday** | | | **Friday** | | **Saturday** |
| **19**  **Personal Care**  **Mass on TV**  **Bingo**  **Exercise**  **1:05 Red Sox**  **Noodle Ball**  **Trivia**  **Word Game**  **Personal Care Evening Small Talk Bedtime Reading** | | **20**  **Personal Care**  **Mass on TV**  **Trivia**  **Exercise**  **Bingo**  **Wii Sports**  **Outdoor R & R Personal Care Reminiscence Bedtime Reading**  **7:10 Red Sox** | **21**  **Personal Care**  **Mass on TV Walking Group 10:00 Arts & Crafts/**  **Paper Beads**  **Guinea Pig Social Exercise**  **Bingo**  **3:30 Rosary**  **3:30 Country Store Opened**  **Horse Races**  **4:00- 5:00 YMCA**  **Clark (Swimming)**  **Nails & Tales Personal Care Evening**  **Small Talk**  **Bedtime Reading**  **7:10 Red Sox** | **22**  **“Hair Day”**  **Personal Care**  **Mass on TV**  **10:00 Baking/**  **Hershey Kiss or**  **PB Cup Cookies**  **Exercise**  **Gardening**  **Discussion/ R & R Visualization**  **Bingo**  **Bowling**  **Personal Care**  **Evening Small Talk Bedtime Reading**  **7:10 Red Sox** | | | **23**  **Personal Care**  **10:00 Catholic Mass with Fr. Mike**  **Exercise**  **What’s in the bag? Bingo**  **1:05 Red Sox**  **List It!**  **2:30 Ice Cream Social**  **3:30 Country**  **Store Opened**  **Afternoon Stretch Personal Care**  **Word Puzzles**  **Wii SPORTS** | | | **24**  **“Hair Day”**  **Personal Care Exercise**  **10:15 Clark YMCA Bingo**  **2:30 Social**  **Hour/ Terry Nally**  **LIST IT**  **Afternoon Stretch Discussion/R&R Helping Around the House**  **Personal Care Evening Small Talk Bedtime Reading**  **7:10 Red Sox** | | **25**  **Personal Care Mass on TV Bingo**  **Exercise**  **1:30 Mystery Ride**  **2:30 Iced Tea & Lemonade Social**  **Noodle Ball Trivia**  **6:10 Red Sox**  **Helping Around the House Personal Care Word Puzzles Bedtime Reading** |
| **26**  **Personal Care**  **Mass on TV Gardening**  **Exercise**  **1:10 Red Sox**  **Bingo**  **Helping Around the House**  **Coffee Social Bowling**  **Personal Care Evening Small Talk Bedtime Reading**  **Wii Sports** | | **27**  **Personal Care Mass on TV**  **Trivia**  **Exercise**  **Bingo**  **2:30 Resident Birthday Party/**  **Richard Erickson**  **Wii Sports Personal Care Reminiscence Bedtime Reading** | **28**    **Personal Care**  **Mass on TV Walking Group 10:00 Arts & Crafts/ Friendship Bracelets**  **Guinea Pig Social Exercise**  **Bingo**  **3:30 Country Store Opened**  **Horse Races**  **4:00- 5:00 YMCA**  **Clark (Swimming)Nails & Tales Personal Care Evening Small Talk Bedtime Reading**  **7:10 Red Sox** | **29**  **“Hair Day”**  **Personal Care**  **Mass on TV**  **10:00 Baking/**  **Coffee Can Ice Cream**  **Exercise**  **Gardening**  **Discussion/ R & R Visualization**  **Bingo**  **6:35 Red Sox**  **Bowling**  **Personal Care**  **Evening Small Talk Bedtime Reading** | | | **30**  **Personal Care**  **10:00 Catholic Mass with Fr. Mike**  **10:30 Painting**  **with Will**  **Exercise**  **What’s in the bag? Bingo**  **List It!**  **3:30 Country**  **Store Opened**  **Afternoon Stretch Personal Care**  **Word Puzzles**  **Wii SPORTS**  **8:10 Red Sox** | | **31**  **“Hair Day”**  **Personal Care Exercise**  **10:15 Clark YMCA**  **Bingo**  **2:30 Social Hour/**  **Peter Sargent**  **LIST IT**  **Afternoon Stretch Discussion/R&R Helping Around the House**  **Personal Care**  **Word Puzzles Bedtime Reading**  **8:10 Red Sox** | | |  |
| **Birthdays**  **Dot ~ 8/4**  **Marianne C.~8/4**  **Martha C. ~ 8/23**  **Shirley P. ~ 8/26** | |  | |  | | --- | | **Main Events**  **Country Store is open on Tuesday & Thursday - 3:30PM and by request.**  **Movies will be held on Tuesday & Thursday at 6:15 PM, Saturday at 3:30 PM & 6:00 PM,**  **Sunday at 6:00 PM in the 2nd Floor TV Room** |  |  |  | | --- | --- | | **1- 2:30 Glenn Hillard** | **14- 10:30 Fishing Trip to Dunn's Park** | | **2, 9, 16, 23 & 30- 10:00 Catholic Mass with Father Mike** | **14- 2:30 Errand Trip** | | **3- 2:30 Social Hour/ Tim Barrett** | **15- FOOT DOCTOR 9:30-5:00** | | **5- 1:00 United Parish Church Service** | **15- 2:30 Yoga** | | **7, 14, 21 & 28-4:00 YMCA Clark (Swimming)** | **17-2:30 Social Hour/ Lou & Jan** | | **7 & 21- 3:30 Rosary** | **23- 2:30 Ice Cream Social** | | **8- 2:30 Animal Craze** | **24- 2:30 Social Hour/ Terry Nally** | | **9- 11:30 Lunch Trip/Picnic Lunch to Cathedral of the Pines** | **27- 2:30 Resident Birthday Party/**  **Richard Erickson** | | **10, 17, 24 & 31- 10:15 Clark YMCA (Silver Sneakers)** | **30 – Painting with Will** | | **10- 2:30 Social Hour/ Heather Marie** | **31- 2:30 Social Hour/ Peter Sargent** | | **11, 18 & 25-1:30 Mystery Ride** |  | | | | | | | | | | |